

WATERFALLS

Dinner Menu • Monday, November 25, 2024

12 Credits

Starters

German Sausage and Barley (D)

Parsnip, Carrot, and Apple (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Kielbasa Coddle (DF/A)

Bacon, kielbasa, potatoes, dark beer, garlic, and thyme.

Honey Garlic Butter Shrimp (GF/D)

Honey, soy sauce, ginger, garlic, shrimp, and butter.

Artichoke and Chickpea Cakes (GF/DF/VE)

Chickpeas, artichoke hearts, red peppers, yellow peppers, green peppers, celery, parsley, Dijon, vegan mayo, Rice-Chex, and chickpea flour.

Sides

Almond Rice Pilaf (GF/DF)

Green Beans with Toasted Hazelnuts and Lemon Zest (GF/DF/Nuts)

Steamed Brussels Sprouts

Baked Potato or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread Muffin

Dessert

Chocolate Cookie Crust Pie (D)

Mixed Fruit

WATERFALLS

Dinner Menu • Tuesday, November 26, 2024

12 Credits

Starters

Bacon and Butternut Squash (D)

Autumn Vegetable and Quinoa (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Bacon and Mushroom Chicken Thighs (GF/D/A)

Chicken thighs, celery, onions, carrots, mushrooms, white wine, cream, and bacon.

Butter Crumb Baked Cod (D)

Cod, butter, and Ritz crackers.

Vegan Barley Stuffed Peppers (DF/OF/VE)

Green peppers, barley, onions, garlic, tomatoes, and thyme.

Sides

Quinoa Pilaf (GF/DF/OF)

Roasted Brussels Sprouts (GF/DF)

Steamed Green Beans

Baked Potato or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread Muffin

Dessert

Chocolate Cookie Crust Pie (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Dinner Menu • Wednesday, November 27, 2024

12 Credits

Starters

Beef and Vegetable (GF/D)

Bok Choy and Sweet Potato (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Bourbon Roasted Pork Loin (GF/DF/A)

Pork loin, whiskey, brown sugar, sriracha, onions, and apples.

Grilled Salmon with Lemon Sesame Sauce (GF/DF)

Salmon, lemon, shallots, basil, honey, and sesame oil.

Bourbon Roasted Tofu (GF/DF/OF/VE/A)

Tofu, whiskey, mustard, brown sugar, sriracha, onions, and apples.

Sides

Herb Roasted Red Potato Wedges (GF/DF)

Carrot Amandine (GF/D/Nuts)

Steamed Asparagus

Baked Potato or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread Muffin

Dessert

Rustic Triple Berry Tart (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Dinner Menu • Thursday, November 28, 2024



(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Dinner Menu • Friday, November 29, 2024

12 Credits

Starters

New England Clam Chowder (D)

Carrot and Ginger (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Herb Baked Sole (GF/D)

Sole, butter, garlic, dill, and onion.

Coq au Vin (D/A)

Chicken thighs, burgundy, cognac, onions, carrots, mushrooms, tomato paste, and pearl onions.

Vegan Coq au Vin (GF/DF/OF/VE/A)

Mushrooms, potatoes, red wine, pearl onions, thyme, garlic, and vegetable stock.

Sides

Roasted Fingerling Potatoes (GF/DF)

Roasted Cauliflower (GF/DF)

Steamed Broccoli

Baked Potato or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread Muffin

Dessert

Harvest Pumpkin Cheesecake (D)

Mixed Fruit

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WATERFALLS

Dinner Menu • Saturday, November 30, 2024

12 Credits

Starters

Split Pea with Ham (GF/DF)

Roasted Tomato (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Mediterranean Seafood Ragout (GF/DF/A)

Onions, carrots, garlic, green peppers, oregano, red pepper flakes, tomato, wine, potatoes, clam juice, cod, shrimp, parsley, and parmesan.

Grilled Lamb Leg with Mint Yogurt Sauce (GF/D)

Leg of lamb, thyme, orange, mint, basil, ginger, lime, and jalapeno.

Quinoa Tabouli Stuffed Tomatoes (GF/DF/OF/VE)

Quinoa, parsley, mint, chopped tomatoes, and lemon.

Sides

Carrot and Coriander Rice Pilaf (GF/DF)

Herb Roasted Vegetables (GF/DF)

Steamed Zucchini and Yellow Squash

Baked Potato or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread Muffin

Dessert

Harvest Pumpkin Cheesecake (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free