

WATERFALLS

Lunch Menu • Monday, November 25, 2024

8 Credits

Starters

German Sausage and Barley (D)
Parsnip, Carrot, and Apple (GF/DF/OF/VE)
House-Made Chili (GF/DF/OF/VE)
Garden Salad Bar

Entrees

Beef Sliders (D)
Two slider rolls, ground beef patty, slider sauce, dill pickles, and cheddar cheese.

Beef and Goat Cheese Sliders (D/VG)
Two slider rolls, roasted and sliced beets, julienned granny smith apples, caramelized onions, and goat cheese.

Sides

Brown Rice
Steamed Vegetable Medley
Steamed Spinach
Roll or Cornbread

Dessert

Oatmeal Cranberry Cookie (D)
Mixed Fruit

WATERFALLS

Lunch Menu • Tuesday, November 26, 2024

8 Credits

Starters

Bacon and Butternut Squash (D)

Autumn Vegetable and Quinoa (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Beef Soft Tacos (D)

Seasoned beef, bell peppers, tomatoes, soft flour tortilla, and sour cream, salsa, cheese, and guacamole on the side. Served with ranchero beans, and Spanish rice.

Impossible Soft Taco (D/VG)

Seasoned Impossible beef, bell peppers, tomatoes, soft flour tortilla, and sour cream, salsa, cheese, and guacamole on the side. Served with ranchero beans, and Spanish rice.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Oatmeal Cranberry Cookie (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Wednesday, November 27, 2024

8 Credits

Starters

Beef and Vegetable (GF/D)

Bok Choy and Sweet Potato (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Ground Chicken and Bean Noodle Stir-Fry (GF/DF)

Ground chicken, bean sprouts, cherry tomatoes, green onions, mushrooms, bean noodles, and stir-fry sauce.

Bean Noodles and Soy Curl Stir-Fry (GF/DF/VE)

Bean noodles, bean sprouts, cherry tomatoes, green onions, mushrooms, soy curls, and stir-fry sauce.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Funfetti Bar (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Thursday, November 28, 2024

THANKSGIVING

Thursday, November 28, 2024

11 am - 2 pm

16 Credits

Starters

Choice of one starter, one entree and one dessert

Cheese Ball (GF/D/Nuts)

Smoked cheddar, toasted pecans, and rosemary crackers.

Winter Green Salad (GF/D/Nuts)

Baby kale, rosemary roasted delicata squash, cranberries, candied walnuts, pecorino cheese, and apple cider vinaigrette.

Note: Dairy Optional

Entrees

Roasted Turkey (GF/DF)

Choice of white and/or dark meat

Bourbon and Honey Baked Ham (GF/D)

Celebration Loaf (DF/VE/A)

Stuffed Delicata Squash (GF/DF/OF/VE)

Stuffed with quinoa, apple, mushrooms, cranberries, maple, onions, and herbs.

Sides

Green Bean Casserole (D/VG)

Maple Roasted Carrots (GF/DF/OF/VE)

Mushroom Stuffing (DF/VE)

Mashed Potatoes (GF/D)

Turkey Gravy (D)

Cranberry Sauce (GF/DF/OF)

Roasted Brussels Sprouts (GF/DF/VE)

Steamed Carrots (GF/DF/OF/VE_)

Desserts

Pumpkin Pie (D)

Pecan Pie (D/Nuts)

or Gluten-Free Dessert

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Friday, November 29, 2024

8 Credits

Starters

New England Clam Chowder (D)

Carrot and Ginger (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Chicken Waldorf (GF/DF/Nuts)

Chicken, apples, celery, grapes, walnuts, mayo, lemon zest, and romaine lettuce.

Vegan Waldorf (GF/DF/VE/Nuts)

Soy curls, apples, celery, grapes, walnuts, vegan mayo, lemon zest, and romaine lettuce.

Sides

Brown Rice

Steamed Medley

Steamed Spinach

Roll or Cornbread

Dessert

Fig Crumble Bar (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Saturday, November 30, 2024

8 Credits

Starters

Split Pea with Ham (GF/DF)

Roasted Tomato (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Chicken Tenders and Tater Tots (DF)

Fried chicken tenders, tater tots, served with side of dressing.

Vegan Chick'n Tenders and Tater Tots (DF/VE)

Vegan chicken tenders, golden tater tots, served with side of dressing.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Fig Crumble Bars (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free