

WATERFALLS

Lunch Menu • Monday, December 23, 2024

8 Credits

Starters

Kielbasa and Cabbage (GF/DF)

Curried Butternut Squash (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

BBQ Pulled Pork Sandwiches (DF)

Slow roasted pork, bun, and tangy mustard slaw.

BBQ Jackfruit Sandwiches (DF/VE)

Brown sugar, paprika, chili powder, oregano, jackfruit, apple cider vinegar, ketchup, bun, and tangy mustard slaw.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Pumpkin Snickerdoodle (D)

Mixed Fruit

WATERFALLS

Lunch Menu • Tuesday, December 24, 2024

8 Credits

Starters

Chicken and Dumpling (D)

Creamy Carrot and Coriander (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Ground Beef Enchiladas (D)

Enchilada sauce, flour tortilla, cheese, onions, ground beef, chili powder, cumin, coriander, paprika, garlic powder, refried beans.

Garnish of salsa, guacamole, sour cream, olives, scallions, cilantro.

Impossible Beef Enchilada (D)

Impossible beef, enchilada sauce, flour tortilla, cheese, onions, chili powder, paprika, and refried beans. Garnished with salsa, guacamole, sour cream, olives, scallions and cilantro.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Pumpkin Snickerdoodle (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Wednesday, December 25, 2024

16 CREDITS

Starters

Winter Garden Salad (GF/D/Nuts)

Butter lettuce, radicchio, bosc pear, blue cheese crumbles, toasted hazelnuts, and white balsamic vinaigrette.

Bay Shrimp on Crostini (D)

Classic shrimp salad, dill, and toasted baguette.

Entrees

Brown Sugar Glazed Ham (GF/D)

Beef Medallions with Worcestershire Butter (GF/D)

Vegan Mushroom Shepherd's Pie (GF/DF/OF/VE)

Sides

Mashed Sweet Potatoes (GF/D)

Kale Gratin (D)

Roasted Fingerling Potatoes (GF/DF)

Carrots Amandine (GF/D/Nuts)

Carrots and Parsnips (GF/DF/OF)

Dessert

Chocolate Walnut Pie (D/Nuts)

Gluten-Free Dessert Available

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
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WATERFALLS

Lunch Menu • Thursday, December 26, 2024

8 Credits

Starters

Sausage, Parmesan, and Kale (D)

Greek Spinach (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Creamy Kielbasa Macaroni and Cheese (D) 5

Macaroni, kielbasa, cheddar, Gruyere, Parmesan, bechamel sauce, bread crumbs, thyme, and butter.

Creamy Vegan Macaroni and Cheese (GF/DF/VE) 5

Gluten-free macaroni, vegan cheese, and vegan bechamel sauce.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Fudge Brownie with Walnuts (D/Nuts)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Friday, December 27, 2024

8 Credits

Starters

New England Clam Chowder (D)

Kale and White Bean (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Taco Salad with Seasoned Ground Beef (GF/D) 5

Seasoned ground beef, lettuce, tomatoes, green onions, black olives, shredded cheese, cotija cheese, Mexican three bean salad, and sides of salsa, sour cream and guacamole.

Taco Salad with Seasoned Tempeh Asada (GF/D/VG) 5

Seasoned tempeh, lettuce, tomatoes, green onions, black olives, shredded cheese, cotija cheese, Mexican three bean salad, and sides of salsa, sour cream and guacamole.

Sides

Brown Rice

Steamed Medley

Steamed Spinach

Roll or Cornbread

Dessert

Marionberry Lavender Bars (D)

Mixed Fruit

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WATERFALLS

Lunch Menu • Saturday, December 28, 2024

8 Credits

Starters

Tomato Florentine (D)

Vegan Split Pea (GF/DF/OF/VE)

House-Made Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Fried Chicken with Jo-Jos (DF) 5

Fried chicken (your choice of white or dark meat), jo-jo potatoes, served with side of dressing.

Falafel with Hummus, Crudite and Tahini Sauce (GF/DF/VE) 5

Falafel, hummus, assorted vegetables, and tahini sauce.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Marionberry Lavender Bars (D)

Mixed Fruit

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(A) Contains Alcohol • (OF) Oil-Free