

# Nutrition Facts

**Serving Size**  
8 fl oz

**Calories**  
per serving **170**

Amount/serving

% DV

**Total Fat** 3g

**4%**

Saturated Fat 0g

**0%**

*Trans Fat* 0g

**Cholesterol** 0mg

**0%**

**Sodium** 170mg

**7%**

Amount/serving

% DV

**Total Carb.** 31g

**11%**

Fiber 12g

**43%**

Total Sugars 12g

Incl.0g Added Sugars

**0%**

**Protein** 12g

Vitamin D 0% · Calcium 10% · Iron 20% · Potassium 25%

## Golden Garlic & Cauliflower Soup

Ingredients: cauliflower, yellow onion, garlic, tahini, low sodium vegetable base, lemon juice, fresh ginger, chives, turmeric, ground white pepper

Contains Sesame