

# WATERFALLS

Dinner

Winter 2025

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## DAILY SPECIALS

Monday, January 27, 2025

12 Dining Credits

### Soup

Lentil and Spanish Chorizo (GF/DF)

Red Pepper and Tomato (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

### Pork Piccata (D)

Seasoned pork loin, egg, flour,  
parmesan, lemon, and capers.

### Shrimp Scampi (GF/DF/A)

Shrimp, garlic, thyme, butter,  
wine, lemon, and parsley

### Cauliflower Steaks with Lemon Caper Sauce (GF/DF/OF/VE)

Cauliflower, dill, capers, shallots, and lemon.

## SIDES

Penne Pasta (DF)

Chickpea Pasta (GF/DF)

Roasted Brussels Sprouts (GF/DF)

Steamed Asparagus

Baked or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread

## DESSERTS

Triple Chocolate Tiger Cake (D)

Mixed Fruit

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# WATERFALLS

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## DAILY SPECIALS

Tuesday, January 28, 2025

12 Dining Credits

### Soup

Beef and Vegetable (GF/DF)

Asparagus and Edamame (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

### Chicken Pastitsio (D/A)

Chicken, onions, garlic, mushrooms, cinnamon, wine, tomatoes, penne pasta, and bechamel sauce.

### Apple Cider Braised Beef (GF/DF)

Beef, cinnamon, bay leaf, rosemary, thyme, garlic, apple, onions, and apple cider.

### Vegan Pastitsio (GF/DF/VE/A)

Vegan butter, onions, garlic, mushrooms, cinnamon, red wine, tomatoes, lentils, chickpea pasta, and soy milk.

## SIDES

Crispy Roasted Yukon Potatoes (GF/DF/OF)

Creamed Peas (D)

Steamed Green Beans

Baked or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread

## DESSERTS

Triple Chocolate Tiger Cake (D)

Mixed Fruit

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# WATERFALLS

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## DAILY SPECIALS

Wednesday, January 29, 2025

12 Dining Credits

### Soup

Lunar New Year Pork Soup (GF/DF)

Lunar New Year Tofu Soup (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

**Beef Medallions with Maple and Soy Glaze (GF/DF)**

Seasoned beef, maple syrup, mustard,  
red chili flakes, and soy sauce.

**Steamed Cod over Napa Cabbage (GF/DF)**

Cod, napa cabbage, celery, red peppers, ginger,  
garlic, soy sauce, and gojuchang.

**Vegan Sticky Tofu (GF/DF/OF/VE)**

Tofu, rice vinegar, sugar, tomato paste, soy sauce,  
cornstarch, and sesame seeds.

## SIDES

Five-Spice Roasted Sweet Potatoes (GF/DF)

Roasted Edamame Succotash (GF/DF/OF)

Steamed Brussels Sprouts

Baked or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread

## DESSERTS

Coconut Meringue Pie (D)

Mixed Fruit

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## DAILY SPECIALS

Thursday, January 30, 2025

12 Dining Credits

### Soup

Five-Spice Chicken Noodle (DF/A)

Cabbage and Tofu Dumpling (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

Honey and Orange Glazed Chicken (GF/D)

Chicken thighs, butter, garlic, orange, honey, and zest.

Five-Spice Pork Butt (GF/DF/A)

Pork butt, garlic, ginger, onions, soy sauce, wine, spiced, and scallions.

Sesame Ginger Grilled Portobello Mushrooms (GF/DF/VE)

Soy sauce, vinegar, sesame oil, Sambal Oolek, ginger, and scallion

## SIDES

Scallion Rice Pilaf (GF/DF)

Miso Roasted Carrots (GF/D)

Steamed Cauliflower

Baked or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread

## DESSERTS

Lemon Cream Cake (D)

Mixed Fruit

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## DAILY SPECIALS

Friday, January 31, 2025

**Waterfalls will be closed for dinner so that all staff can assist with the Chinese New Year buffet in Riverview.**

**Take-Out in Riverview is available**



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## DAILY SPECIALS

Saturday, February 1, 2025

12 Dining Credits

### Soup

Tomato Florentine with Pasta (D)  
Creamy Carrot and Coriander (GF/DF/OF/VE)  
Garden Salad Bar

## ENTREE SPECIALS

### Lamb Moussaka (D)

Eggplant, lamb, tomato, and bechamel sauce.

### Sole Oreganata (GF/D)

Sole, sauteed onions, basil, and oregano.

### Vegan Moussaka (GF/DF/OF/VE)

Lentils, tomato sauce, oregano, eggplant,  
vegan bechamel sauce, and Rice-Chex.

## SIDES

Garlic and Herb Quinoa (GF/DF/OF)

Stewed Cauliflower

Steamed Broccoli

Baked or Sweet Potato

Brown Rice

Legume of the Day

Dinner Roll or Cornbread

## DESSERTS

Honey Pie (D)

Mixed Fruit

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