

# WATERFALLS

Lunch

Winter 2025

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## DAILY SPECIALS

Monday, January 27, 2025

8 Dining Credits

### Soup

Lentil and Spanish Chorizo (GF/DF)

Red Pepper and Tomato (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

### ENTREE SPECIALS

**Lomo Saltado Sandwich (DF)**

Marinated beef, onions, tomatoes, French fries,  
hoagie bun, and cilantro.

**Vegan Lomo Saltado Sandwich (DF/VE)**

Marinated temph, onions, tomatoes, French  
fries, hoagie bun, and cilantro.

### SIDES

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

### DESSERTS

Almond Cookies (D/Nuts)

Mixed Fruit

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# WATERFALLS

Lunch

Winter 2025

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## DAILY SPECIALS

Tuesday, January 28, 2025

8 Dining Credits

### Soup

Beef and Vegetable (GF/DF)

Asparagus and Edamame (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

### ENTREE SPECIALS

Pollo Asado Tacos (D)

Marinated chicken thighs, tortillas, cheddar cheese, lettuce, tomatoes, and salsa and sour cream on the side

Soy Curl Asado Tacos (D/VG)

Seasoned soy curls, tortillas, cheddar cheese, lettuce, tomatoes, and salsa and sour cream on the side.

### SIDES

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

### DESSERTS

Almond Cookies (D/Nuts)

Mixed Fruit

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# WATERFALLS

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## DAILY SPECIALS

Wednesday, January 29, 2025

8 Dining Credits

### Soup

Lunar New Year Pork Soup (GF/DF)

Lunar New Year Tofu Soup (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

Yakisoba Noodle Beef Stir-Fry (DF)

Yakisoba noodles, beef, cabbage, celery, carrots, onions, and stir-fry sauce.

Yakisoba Noodles and Soy Curl Stir-Fry (DF/VE)

Yakisoba noodles, soy curls, cabbage, celery, onions, and stir-fry sauce.

## SIDES

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

## DESSERTS

Five-Spice Snickerdoodles (D)

Mixed Fruit

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## DAILY SPECIALS

Thursday, January 30, 2025

8 Dining Credits

### Soup

Five-Spice Chicken Noodle (DF/A)

Cabbage and Tofu Dumpling (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

### Sweet and Sour Meatballs (DF)

Ground beef, ginger, egg, panko, soy sauce, garlic, Mae Ploy, vinegar, brown sugar, pineapple, and bell peppers. With jasmine rice and steamed cabbage.

### Vegan Sweet and Sour "Meat"balls (GF/DF/OF/VE)

Tofu, soy sauce, garlic, Mae Ploy, vinegar, brown sugar, pineapple, and bell peppers. With Jasmine rice and steamed cabbage.

## SIDES

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

## DESSERTS

Five-Spice Snickerdoodles (D)

Mixed Fruit

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## **DAILY SPECIALS**

Friday, January 31, 2025

8 Dining Credits

### **Soup**

Egg Flower Soup (GF/DF)

Hot and Sour Soup (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

### **ENTREE SPECIALS**

**Chinese Chicken Salad (GF/DF)**

Chicken, cabbage, bok choy, snow peas, cilantro, sesame oil, and vinegar.

**Chinese Tofu Salad (GF/DF/VE)**

Baked tofu, cabbage, bok choy, snow peas, cilantro, sesame oil, and vinegar.

### **SIDES**

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

### **DESSERTS**

Chai Blondie (D)

Mixed Fruit

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# WATERFALLS

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## DAILY SPECIALS

Saturday, February 1, 2025

8 Dining Credits

### Soup

Tomato Florentine with Pasta (D)

Creamy Carrot and Coriander (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREE SPECIALS

Chicken Strips and Waffle Fries (DF)

Fried chicken tenders, golden waffle fries, and side of dressing.

Vegan Chik'n Tenders and Waffle Fries (DF/VE)

Vegan chik'n tenders, golden waffle fries, and side of dressing.

## SIDES

Brown Rice

Steamed Vegetable

Steamed Spinach

Dinner Roll or Cornbread

## DESSERTS

Chai Blondie (D)

Mixed Fruit

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