

Nutrition Facts

Serving Size
5 oz (142g)

Calories
per serving **250**

Amount/serving

% DV

Total Fat 12g

15%

Saturated Fat 4g

20%

Trans Fat 0g

Cholesterol 75mg

25%

Sodium 1790m

78%

Vitamin D 6% · Calcium 4% · Iron 8% · Potassium 10%

Amount/serving

% DV

Total Carb. 14g

5%

Fiber 2g

6%

Total Sugars 7g

Incl.0g Added Sugars

0%

Protein 22g

Brown Sugar Glazed Ham

Ingredients: pit bnls hills ham, pineapple juice, water, light brown sugar, Dijon mustard, cornstarch, dried ginger