

Nutrition Facts

Serving Size
8 fl oz

Calories
per serving **210**

Amount/serving

% DV

Total Fat 1g

2%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 310mg

14%

Amount/serving

% DV

Total Carb. 38g

14%

Fiber 9g

32%

Total Sugars 7g

Incl.0g Added Sugars

0%

Protein 13g

Vitamin D 0% · Calcium 6% · Iron 20% · Potassium 15%

Moroccan Lentil Soup

Ingredients: cauliflower, roasted tomatoes, green lentils, potatoes, yellow onion, carrot, celery, low sodium vegetable base, cilantro, garlic, fresh ginger, turmeric, ground cumin, lemon zest, orange zest, black pepper, ground coriander, cayenne pepper, ground cloves