

DAILY SPECIALS

Monday, March 3, 2025

8 Credits

Soup

Navy Bean and Ham (GF/D)

Thai Coconut and Tomato (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Chicken Caesar Wrap (D)

Grilled chicken, romaine, cherry tomatoes, croutons, parmesan cheese, and Caesar dressing.

NOTE: Caesar Dressing Contains ANCHOVY

Vegan Gardein Chik'n Caesar Wrap (DF/VE)

Gardein chik'n, romaine, cherry tomatoes, croutons, vegan parmesan, and vegan Caesar dressing.

DESSERTS

Peanut Butter Chocolate Chip Cookies (D/Nuts)

WATERFALLS

Lunch

Winter 2025

DAILY SPECIALS

Tuesday, March 4, 2025

8 Credits

Soup

Albondigas (GF/DF)

Black Bean Soup GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Beef Soft Taco (D)

Beef, lime juice, cumin, onion, bell peppers, and tomatoes. Served in a soft flour tortilla. With sour cream, salsa, cheese, and guacomole on the side, and sides of ranchero beans, and Spanish rice.

Impossible Soft Taco (D/VG)

Impossible beef, lime juice, cumin, onion, bell peppers, and tomatoes. Served in a soft flour tortilla. With sour cream, salsa, cheese, and guacamole on the side, and sides of ranchero beans, and Spanish rice.

DESSERTS

Peanut Butter Chocolate Chip Cookies (D/Nuts)

WATERFALLS

Lunch

Winter 2025

DAILY SPECIALS

Wednesday, March 5, 2025

8 Credits

Soup

Beef Barley (DF)

Creamy Sweet Potato and Apple (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Crispy Noodles and Chicken Stir-Fry (DF)

Chicken breast, green onions, cauliflower, bamboo shoots, carrots, egg noodles, and stir-fry sauce.

Soy Curl and Broccoli Stir-Fry (DF/VE)

Soy curls, green onions, cauliflower, bamboo shoots, carrots, egg noodles, and stir-fry sauce.

DESSERTS

Raspberry Swirl Brownie (D)

WATERFALLS

Lunch

Winter 2025

DAILY SPECIALS

Thursday, March 6, 2025

8 Credits

Soup

Bacon and Butternut Squash (D)

Golden Garlic and Cauliflower (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Creamy Ham and Gouda Macaroni and Cheese (D) 5

Macaroni, ham, Gouda, cheddar, Gruyere, parmesan, bechamel sauce, chives, and butter.

Vegan Bacon and Gouda Macaroni and Cheee (GF/DF/VE) 5

Vegan butter, vegan Gouda, coconut milk, rice flour, Dijon, nutritional yeast, Rice-Chex, and mushrooms.

DESSERTS

Raspberry Swirl Brownie (D)

WATERFALLS

Lunch

Winter 2025

DAILY SPECIALS

Friday, March 7, 2025

8 Credits

Soup

Manhattan Clam Chowder (D)

Curried Lentil and Apricot (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Bay Shrimp Louie (GF/DF)

Iceberg lettuce, shrimp, eggs, tomatoes, asparagus, avocado, and Louie dressing.

Marinated Chickpea Louie (GF/DF/VE)

Iceberg lettuce, marinated chickpeas, eggs, tomatoes, asparagus, avocado, and Louie dressing.

DESSERTS

Chocolate Chip Cookies (D)

WATERFALLS

Lunch

Winter 2025

DAILY SPECIALS

Saturday, March 8, 2025

8 Credits

Soup

Chicken and Wild Rice (D)

Roasted Tomato (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Mexican Beef and Corn Casserole (GF/D)

Seasoned ground beef, corn tortillas, black beans, corn, salsa, cheddar cheese, black olives, and side of salsa and sour cream.

Mexican Impossible Beef and Corn Casserole (GF/DF/VE)

Seasoned Impossible beef, black beans, corn, salsa, vegan cheese, black olives, and side of salsa.

DESSERTS

Chocolate Chip Cookies (D)