



Lunch

WHITE OAK GRILL

Winter 2025

STARTERS

Soup du Jour 3/5
Rotating selection of soups

Campbell's Soups 3/5
Chicken Noodle, Tomato, Vegetable

Caesar Salad (D) 3/5
Romaine lettuce, creamy Caesar dressing, brioche croutons, Parmesan cheese, and lemon.

Crunchy Salad (GF/D) 3/5
Cabbage, frisee, kale, quinoa, craisins, apples, and honey vinaigrette.

Garden Salad 3/5
Mixed greens, tomato, carrots, cucumbers, chickpeas, and choice of dressing.

Dressing Choices:

1000 Island (DF), Balsamic Vinaigrette (DF), Blue Cheese (D), Caesar (D), Honey Mustard (DF), Honey Vinaigrette (DF), Lemon Poppy Seed Vinaigrette (DF), Ranch (D), Sherry Vinaigrette (DF), Tahini Dressing (OF)

ADD ONS:

Grilled Tempeh (OF) 4

Poached Shrimp 6

Salmon 6
(Grilled or Pan-Seared)

Chicken Breast 5
(Grilled or Pan-Seared)

Tuna Salad 4

Egg Salad 4

ENTREES

Deli Sandwich 3/6

Bread: White, Wheat, Sourdough or Rye
Choice of: Turkey, Ham, Egg Salad or Tuna Salad

- Choice of:** Cheddar, Swiss or American cheese
- **Add:** Mayo, Mustard, or Dijon Mustard
 - **Add:** Lettuce, Tomato, or Red Onion
 - **Add:** Sweet or Dill Pickle

All Beef Hot Dog 6
Diced onion and relish upon request

Peanut Butter and Jelly 3/6

Reuben Sandwich 3.5/7
Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

Grilled Cheese 3/6
Your choice of bread and cheese.

Tuna Melt 3/6
Toasted bread, tuna, mayonnaise, Dijon, and cheddar.

B.L.T 3/6
Choice of bread, with lettuce, tomato, bacon, and mayo.

White Oak Burger (D) 8
Grilled beef patty, cooked to order, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.
(Substitute Dr. Praeger or Impossible patty.)

- **Add Bacon (2):** 3
- **Add Cheese (Swiss, Cheddar, American):** 1

Grilled Chicken Sandwich (D) 8
Grilled chicken breast, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.
(Substitute Gardein Chik'n Breast)

- **Add Bacon (2):** 3
- **Add Cheese (Swiss, Cheddar, American):** 1



Lunch

WHITE OAK GRILL

Winter 2025

DESSERTS

Ice Cream Your choice of chocolate, vanilla, sorbet, flavor of the day, or sugar-free	2
Jello Flavor of the day, and sugar-free	2
Sugar Free Dessert	1
Whole Fruit Apple, orange, and banana	2
Mixed Fruit	2

BEVERAGES

Coffee	0
Hot Tea	1
Soda Coke, Diet Coke, 7-up, Root Beer, Ginger Ale	2
Juice Lemonade, Apple, Cranberry, Orange, Prune, Gatorade	2
Milk Skim, 2%, Almond, Soy, Oat, and Lactose-Free, Whole	2
Iced Tea	1

SIDES

French Fries	1
Sweet Potato Fries	1
Potato Chips	1
Steamed Spinach	1
Cottage Cheese	2
Applesauce	2
Salmon (Grilled or Pan-Seared)	6
Chicken Breast (Grilled or Pan-Seared)	5
Poached Shrimp	6
Egg Salad	4
Tuna Salad	4
Deli Ham/Turkey	4
Side Burger Patty	4