

# Nutrition Facts

**Serving Size**  
8 fl oz

**Calories**  
per serving **90**

Amount/serving

% DV

**Total Fat** 3.5g

**5%**

**Saturated Fat** 2g

**10%**

*Trans Fat* 0g

**Cholesterol** 15mg

**5%**

**Sodium** 460mg

**20%**

Amount/serving

% DV

**Total Carb.** 10g

**4%**

**Fiber** 1g

**2%**

**Total Sugars** 1g

**Incl. 1g Added Sugars**

**1%**

**Protein** 5g

Vitamin D 0% · Calcium 8% · Iron 0% · Potassium 4%

Chicken and Wild Rice Soup

Ingredients: chicken stock, water cream, wild rice, brown rice, onions, enriched flour, butter, sugar, yeast spices, turmeric

Contains milk, soy, wheat