Pancakes (D)

Breakfast

Spring 2025

2/4

## **CEREALS & FRUIT**

## **Oatmeal** 3/5 Cup or bowl of oatmeal, with choice of walnuts, raisins, brown sugar, and sliced hananas Cold Cereal 3 Cheerios, Honey Nut Cheerios, Raisin Bran, Special K, Rice Krispies, and granola. **Yogurt Parfait** 6 Plain or vanilla yogurt, granola, and mixed fruit. **OMELETTES AND EGGS** Comes with fruit, hashbrowns, and choice of toast. Denver Omelette (GF/D) 8 Ham, cheddar, onions, and bell peppers. **Vegetable Omelette (GF/D/VG)** 7 Spinach, tomato, mushrooms, peppers, and cheese. 7 **Three-Cheese Omelette** (GF/D/VG) A selection of three cheeses. 7 **Egg Breakfast** Two cage-free and pastuerized eggs cooked to order.

## **ENTREES**

1 or 2 buttermilk pancakes with butter and syrup.	
French Toast (D)  1 or 2 pieces of French toast, with butt and syrup.	<b>2/4</b> er
Breakfast Sandwich (D) Toasted croissant, fried egg, cheddar cheese, and thinly sliced ham.	7
Lumberjack Breakfast (D) Two pancakes, two eggs cooked or order, choice of protein, and side of fruit.	10
SIDES	
Fresh Baked Pastry of the Day	3
Sausage Links (2)	3
Bacon (2)	3
Hashbrowns	2
Mixed Fruit	2
<b>Whole Fruit</b> Apple, Orange, Banana	2
Applesauce	2
<b>Toast</b> White, Nine-Grain, Sourdough, Rye, Raisin, or English Muffin	1
BEVERAGES	
Coffee Hot Tea Milk Skim, 2 %, Oat, Almond, Soy, and Lactose-Free, Whole Juice Lemonade, Apple, Cranberry, Orange,	0 1 2
Prune	