

Lunch

WATERFALLS

DAILY SPECIALS

Monday, April 28, 2025

8 Credits

Soup

Kielbasa and Cabbage (GF/DF) ♦

Golden Potato (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Muffuletta Sandwich (D)

Olives, shallots, celery, capers, Mamma Lil's peppers, olive oil, red wine vinegar, salami, mortadella, ham, provolone, and hoagie roll.

Portobello Mushroom Muffuletta Sandwich (D/VG)

Cauliflower, carrots, olives, red peppers, artichoke hearts, mushrooms, champagne vinegar, olive oil, watercress, provolone, and tomatoes

DESSERTS

Banana Nut Muffins (D/Nuts)

Lunch

WATERFALLS

DAILY SPECIALS

Tuesday, April 29, 2025

8 Credits

Soup

Beef Noodle (DF)

Spring Vegetable and Miso (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Ground Beef Quesadillas

Soft flour tortilla, seasoned ground beef, beans and cheese, served with side of salsa, sour cream, and guacamole.

Impossible Beef and Bean Quesadillas (D/VG)

Soft flour tortilla, seasoned impossible beef, beans, and cheese. Served with a side of salsa, sour cream, and guacamole.

DESSERTS

Banana Nut Muffins (D/Nuts)

Lunch

WATERFALLS

DAILY SPECIALS

Wednesday, April 30, 2025

8 Credits

Soup

Chicken Artichoke (GF/D)

Spanish Vegetable (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Bean Noodles Pad Thai (GF/DF/Nuts)

Chicken breasts, bean sprouts, green onions, peanuts, lime, and bean noodles.

Soy Curl and Bean Noodle Pad Thai (GF/DF/Nuts)

Soy curls, bean sprouts, green onions, peanuts, lime, and bean noodles.

DESSERTS

White Chocolate Pecan Blondies (D/Nuts)

Lunch

WATERFALLS

DAILY SPECIALS

Thursday, May 1, 2025

8 Credits

Soup

German Goulash (D)

Borscht (GF/DF/OF/VE) ♦↓

Note: Dairy Optional

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Chicken Verde Chilaquiles (GF/D)

Chicken, poblanos, sour cream, cilantro, cheese, tomatoes, tortilla chips, and green onions.

Vegan Verde Chilaquiles (GF/DF/VE)

Mixed vegetables, red onions, green peppers, red peppers, black olives, cilantro, tortilla chips, vegan cheese, tomatoes, and green onions.

DESSERTS

White Chocolate Pecan Blondies (D/Nuts)

Lunch

WATERFALLS

DAILY SPECIALS

Friday, May 2, 2025

8 Credits

Soup

Smoked Salmon Chowder (D)

Carrot and Ginger (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Bay Shrimp Louie (GF/DF)

Iceberg lettuce, shrimp, egg, tomatoes, asparagus, avocado,
and Louie dressing.

Chickpea Louie (GF/DF/VG)

Iceberg lettuce, marinated chickpeas, egg, tomatoes,
asparagus, avocado, and Louie dressing.

DESSERTS

Chocolate Chip Cookies (D)

Lunch

WATERFALLS

DAILY SPECIALS

Saturday, May 3, 2025

8 Credits

Soup

Split Pea and Ham (GF/D)

Tomato Basil Bisque (GF/D/OF/VG)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Chili Dogs (D)

All beef hot dog, beef chili, bun, and optional cheese and onions.

Vegan Chili Dog (D/VG)

Field Roast hog dog, bean chili, bun, and optional cheese and onions.

DESSERTS

Chocolate Chip Cookies (D)