

RIVERVIEW



Dinner

DAILY SPECIALS

Monday, May 5, 2025

SOUPS

White Bean and Italian Sausage (GF/DF) 3/5

Tuscan Chickpea (GF/DF/OF/VE) ↓ 3/5

ENTREES

Grilled Chicken Fajitas (D) 6

Marinated chicken thighs, red and green peppers, onions, cilantro, lime, flour tortillas, and optional side of sour cream and salsa

Lamb Barbacoa (GF/DF) ♦ 6

Lamb, onion, peppers, garlic, chili powder, oregano, and apple cider vinegar.

Black Bean and Rice Stuffed Peppers (GF/D/VG) ↓ 6

Green peppers, rice, onions, black beans, cumin and cheese.

SIDES

Cilantro Lime Rice (GF/DF/OF) 1

Lima Bean and Hominy Sauté (GF/DF) 1

Steamed Green Beans 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

DESSERTS

Creme Brulee Cheesecake (D) 3

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Dinner



DAILY SPECIALS

Tuesday, May 6, 2025

SOUPS

Navy Bean and Ham (GF/DF) ↓ 3/5

Roasted Red Pepper and Corn (GF/DF/OF/VE) 3/5

ENTREES

Salmon with Tomato Cream Sauce (GF/D/A) ♦ 6

Salmon, butter, shallots, garlic, white wine, tomatoes, kale, cream, parmesan, and thyme

Tuscan Grilled Flank Steak with Chimichurri (GF/DF) ♦ 6

Flank steak, lime, garlic, shallots, oregano, and lemon.

Tuscan Grilled Tempeh with Chimichurri (GF/DF/OF/VE) ↓▼ 6

Tempeh, lime, garlic, shallots, oregano, and lemon.

SIDES

Parmesan and Black Pepper Rice Pilaf (GF/D) 1

Roasted Cauliflower with Pine Nuts and Parmesan (GF/D) 1

Steamed Asparagus 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

DESSERTS

Crème Brûlée Cheesecake (D) 3

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DAILY SPECIALS

Wednesday, May 7, 2025

SOUPS

Turkey and Wild Rice (GF/D) ♦ 3/5

Cashew Pea (GF/DF/OF/VE/Nuts) ▼ 3/5

ENTREES

Greek Roasted Chicken (GF/D) ♦ 6

Chicken thighs, garlic, Greek yogurt, and oregano.

Moroccan Style Baked Cod (GF/DF) ▼♦ 6

Cod, garlic, tomato, red peppers, chickpeas, cilantro, paprika, and lemon.

Quinoa Tabouli Stuffed Tomatoes (GF/DF/OF/VE) ▼ 6

Quinoa, parsley, mint, chopped tomatoes, and lemon.

SIDES

Spiced Couscous (DF) 1

Orange and Tahini Glazed Beets (GF/DF) 1

Steamed Cauliflower 1

Brown Rice 1

Baked or Sweet Potato 1

Steamed Spinach or Carrots 1

Legume of the Day 1

DESSERTS

Lemonade Layer Cake (D) 3

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (↓) Low Fat

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Dinner

DAILY SPECIALS

Thursday, May 8, 2025

SOUPS

Chicken Tikka Masala (GF/DF) ▼ 3/5

Mulligatawny (GF/DF/OF/VE) ↓ 3/5

ENTREES

Mushroom Braised Pork Chops (D/A) ♦ 6

Bone-in pork chops, flour, salt, pepper, garlic powder, onion powder, shallots, mushrooms, white wine, stock, cream, thyme, and bay leaf.

Beef Bourguignon (DF/A) ♦ 6

Chuck beef, bacon, onions, marinara sauce, red wine, and mushrooms.

Vegan Bourguignon (GF/DF/OF/VE/A) ♦↓ 6

Mushrooms, tofu, red wine, mushroom broth, carrots, and onions.

SIDES

Roasted Fingerling Potatoes (GF/DF) 1

Roasted Broccoli (GF/DF) 1

Steamed Swiss Chard 1

Brown Rice 1

Baked or Sweet Potato 1

Steamed Spinach or Carrots 1

Legume of the Day 1

DESSERTS

Lemonade Layer Cake (D) 3

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Dinner



DAILY SPECIALS

Friday, May 9, 2025

SOUPS

New England Clam Chowder (D) 3/5

Spanish Red Bean and Kale (GF/DF/OF/VE) ↓ 3/5

ENTREES

Teriyaki Chicken (GF/DF) ♦ 6

Chicken thighs, brown sugar, soy sauce, rice vinegar, sesame oil, ginger, and garlic.

Cilantro Citrus Shrimp (GF/DF) ♦ 6

Shrimp, lime juice, orange juice, lime zest, cilantro and olive oil.

Vegan Sticky Tofu (GF/DF/OF/VE) 6

Tofu, rice vinegar, sugar, tomato paste, soy sauce, cornstarch, and sesame seeds.

SIDES

Scallion Rice Pilaf (GF/DF) 1

Sesame Cabbage Slaw (DF/A) 1

Steamed Zucchini and Yellow Squash 1

Brown Rice 1

Baked or Sweet Potato 1

Steamed Spinach or Carrots 1

Legume of the Day 1

DESSERTS

Blueberry Pie (D) 3

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Dinner

DAILY SPECIALS

Saturday, May 10, 2025

SOUPS

Chicken and Dumpling Soup (D) 3/5

Zesty Bean (GF/DF/OF/VE) ↓ 3/5

ENTREES

Chicken Fricassee (D) 6

Chicken, butter, onions, carrots, peas, and heavy cream.

Yankee Pot Roast (GF/DF/A) ♦ 6

Chuck roast, onions, carrots, paprika, and red wine.

Soy Curl Fricassee (GF/DF/OF/VE) 6

Soy curls, onions, celery, carrots, vegetable stock, peas, coconut milk and cornstarch.

With Vegan Mashed Potatoes (GF/DF/VE)

Potatoes, plant-based butter, and soy milk.

SIDES

Mashed Potatoes (GF/D) 1

Kale Gratin (D) 1

Steamed Peas 1

Brown Rice 1

Baked or Sweet Potato 1

Steamed Spinach or Carrots 1

Legume of the Day 1

DESSERTS

Blueberry Pie (D) 3

Mixed Fruit