

Lunch

# WATERFALLS

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## DAILY SPECIALS

Monday, May 19, 2025

8 Credits

### Soup

Okra, Tomato, and Corn Bisque (D)

Creamy Chickpea (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREES

Hot Italian Beef Sandwich (DF)

Sliced roast beef, onions, peppers, and hoagie roll.

Hot Italian Tempeh Sandwich (DF/VE)

Marinated tempeh, onions, peppers, and hoagie roll.

## DESSERTS

Lemon Coffee Cake (D)

Lunch

# WATERFALLS

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## DAILY SPECIALS

Tuesday, May 20, 2025

8 Credits

### Soup

**Lentil and Spanish Chorizo (GF/DF)**

**White Bean and Escarole (GF/DF/OF/VE/A) ▼↓**

**Chili (GF/DF/OF/VE)**

**Garden Salad Bar**

## ENTREES

### Ground Beef Enchiladas (D)

Enchilada sauce, flour tortilla, cheese, onions, ground beef, chili powder, cumin, coriander, paprika, garlic powder, and refried beans. Garnished with salsa, guacamole, sour cream, olives, scallions, and cilantro.

### Impossible Enchiladas (D/VG)

Impossible beef, enchilada sauce, flour tortilla, cheese, onions, chili powder, paprika, and refried beans. Garnished with salsa, guacamole, sour cream, olives, scallions, and cilantro.

## DESSERTS

### Lemon Coffee Cake (D)

Lunch

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## DAILY SPECIALS

Wednesday, May 21, 2025

8 Credits

### Soup

Cream of Turkey (D)

Colcannon (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREES

### Cumin Beef Stir-Fry (GF/DF)

Flank steak, corn starch, soy sauce, mirin, garlic, red pepper flakes, cauliflower, carrots, cherry tomatoes, basil, and jasmine rice.

### Cumin Tofu Stir-Fry (GF/DF/VE)

Tofu, corn starch, soy sauce, mirin, garlic, red pepper flakes, cauliflower, carrots, cherry tomatoes, basil, and jasmine rice.

## DESSERTS

Peanut Butter Chip Brownies (D/Nuts)

Lunch

# WATERFALLS

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## DAILY SPECIALS

Thursday, May 22, 2025

8 Credits

### Soup

Beef and Vegetable (GF/DF) ↓

Cabbage and Apple (GF/DF/OF/VE) ▼↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREES

### Chicken Fiesta Casserole (GF/D)

Chicken thighs, cumin, onions, peppers, garlic, black beans, green chiles, scallions, cilantro, corn tortillas, cheese, and salsa.

### Soy Curl Fiesta Casserole (GF/D/VG)

Soy curls, cumin, onions, peppers, garlic, black beans, green chiles, scallions, cilantro, corn tortillas, cheese, and salsa.

## DESSERTS

### Peanut Butter Chip Brownie (D/Nuts)

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(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy  
(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (✦) Low Carb • (▼) Low Sodium • (†) Low Fat

Lunch

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## DAILY SPECIALS

Friday, May 23, 2025

8 Credits

### Soup

New England Clam Chowder (D)

Wild Mushroom (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

### ENTREES

Chicken Caprese Pasta Salad (D)

Lemon and thyme marinated chicken breasts, mayo, balsamic vinegar, mozzarella, cherry tomatoes, and basil.

Caprese Pasta Salad (D/VG)

Pasta, mayo, balsamic vinegar, mozzarella, cherry tomatoes, and fresh basil.

### DESSERTS

Snickerdoodles (D)

Lunch

# WATERFALLS

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## DAILY SPECIALS

Saturday, May 24, 2025

8 Credits

### Soup

Ultimate Baked Potato (D)

Thai Coconut Tomato (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

## ENTREES

Coney Island Hot Dogs (D)

All beef hot dog, bun, ground beef, onions, ketchup, mustard, and spices.

Vegan Coney Island Hot Dog (D/VG)

Vegan sausage, bun, vegan crumbles, ketchup, mustard, onions, and spices.

## DESSERTS

Snickerdoodles (D)