

Lunch

WATERFALLS

DAILY SPECIALS

Monday, June 23, 2025

8 Credits

Soup

White Bean and Italian Sausage (GF/DF)

Tuscan Chickpea (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Greek Chicken Salad Wrap (D)

Chicken breast, spinach, cherry tomatoes, cucumbers, red onions, greenpeppers, feta cheese, Greek tapenade, and Greek vinaigrette, in a tomato basil wrap.

Greek Tofu Salad Wrap (DF/VE)

Tofu, romaine, Kalamata olives, cherry tomatoes, cucumbers, red onions, green peppers, and Greek vinaigrette, in a tomato basil wrap

DESSERTS

Snickerdoodle (D)

Lunch

WATERFALLS

DAILY SPECIALS

Tuesday, June 24, 2025

8 Credits

Soup

Navy Bean and Ham (GF/DF) ↓

Roasted Red Pepper and Corn (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Ground Pork Taco with Mango Salsa (DF)

Two tacos, ground pork, onions, garlic, taco seasoning, brown sugar, tomato, orange juice, flour tortillas, and mango salsa.

Served with vegan prairie pinto beans, and cilantro lime rice.

Impossible Pork Tacos with Mango Salsa (DF/VE)

Impossible pork, onions, garlic, taco seasoning, brown sugar, tomato, orange juice, flour tortillas, and mango salsa.

Served with vegan prairie pinto beans, and cilantro lime rice

DESSERTS

Snickerdoodle (D)

Lunch

WATERFALLS

DAILY SPECIALS

Wednesday, June 25, 2025

8 Credits

Soup

Turkey and Wild Rice (GF/D) ♦

Cashew Pea (GF/DF/OF/VE/Nuts) ▼

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Bean Noodle and Chicken Stir-Fry (GF/DF)

Ground chicken, bean sprouts, cherry tomatoes, green onions, mushrooms, bean noodles, and stir-fry sauce.

Bean Noodle and Soy Curl Stir-Fry (GF/DF/VE)

Bean noodles, soy curls, bean sprouts, cherry tomatoes, green onions, mushrooms, and stir-fry sauce.

DESSERTS

Chewy Ginger Cookies (D)

Lunch

WATERFALLS

DAILY SPECIALS

Thursday, June 26, 2025

8 Credits

Soup

Chicken Tikka Masala (GF/DF)

Mulligatawny (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Ham and Gruyere Crepes with Dijon Garlic Cream Sauce (D)

Ham, Gruyere cheese, cream, Dijon, chives, tarragon,
butter, flour, milk, eggs, and garlic.

Mushroom and Gruyere Crepes with Dijon Garlic Cream Sauce (D/VG)

Dijon, chives, tarragon, butter, flour, milk, eggs, mushrooms,
shallots, garlic and thyme.

DESSERTS

Chewy Ginger Cookies (D)

Lunch

WATERFALLS

DAILY SPECIALS

Friday, June 27, 2025

8 Credits

Soup

New England Clam Chowder (D)

Spanish Red Bean and Kale (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Santa Fe Chicken Salad (GF/DF)

Chicken breast, romaine, black beans, tortilla chips, corn, cherry tomatoes, red peppers, onions, cilantro, avocado, and chipotle lime vinaigrette.

Santa Fe Tempeh Salad (GF/DF/VE)

Tempeh, romaine, black beans, tortilla strips, corn, cherry tomatoes, redpeppers, onions, cilantro, avocado, and chipotle lime vinaigrette

DESSERTS

Fudge Brownies (D)

Lunch

WATERFALLS

DAILY SPECIALS

Saturday, June 28, 2025

8 Credits

Soup

Chicken and Dumpling Soup (D)

Zesty Bean (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Sausage and Pepper Polenta Bake (GF/D)

Polenta, red pepper flakes, butter, parmesan, heavy cream, Italian sausage, green bell peppers, red peppers, onions, garlic, marinara sauce, and mozzarella.

Impossible Sausage and Pepper Polenta Bake (GF/D/VG)

Polenta, red pepper flakes, butter, parmesan, heavy cream, impossible sausage, green bell peppers, red peppers, onions, garlic, marinara sauce, and mozzarella.

DESSERTS

Fudge Brownies (D)