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**Monday, July 21**

**Polenta, Kale and Italian Sausage (GF/D/A) ↓**  
**Summer Corn and Lima Bean (GF/DF/OF/VE) ↓**

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**Tuesday, July 22**

**Creamy Chicken Alfredo (D)**  
**Beet and Tomato Gazpacho (GF/DF/OF/VE)**

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**Wednesday, July 23**

**Beef and Vegetable (GF/DF)**  
**Roasted Cauliflower (GF/DF/OF/VE) ↓**

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**Thursday, July 24**

**Lemon Chicken and Rice (GF/D)**  
**Chilled Melon (GF/DF/OF/VE)**

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**Friday, July 25**

**Manhattan Clam Chowder (GF/D) ♦↓**  
**Summer Vegetable (GF/DF/OF/VE) ▼↓**

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**Saturday, July 26**

**Chicken and Wild Rice (D)**  
**Red Pepper and Tomato (GF/DF/OF/VE) ♦↓**

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