

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Monday, August 11, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

African Peanut (GF/DF/OF/VE/Nuts)

Creamy Asparagus (GF/DF/OF/VE)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Pepito Sandwich (D)

Beef, Worcestershire, avocado chimichurri, lime, crema, onions, poblano peppers, garlic, toasted hoagie roll, tomatoes, and optional pickled jalapenos.

Vegan Pepito Sandwiches (DF/VE)

Poblano peppers, tempeh, tofu cream, lime. onions, avocado chimichurri, Worcestershire, garlic, toasted hoagie roll, tomatoes, and optional pickled jalapenos.

DESSERTS

Lemon Cookies (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Tuesday, August 12, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Beef Barley (DF) ↓

Cucumber and Yellow Pepper Gazpacho (GF/D/OF/VG) ♦▼↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Chipotle Chicken Quesadilla (D)

Seasoned rotisserie chicken, chipotle sauce, cheese blend, tortilla, and optional sour cream, guacamole, and salsa on the side.

Cumin Roasted Squash Quesadilla (DF/VE)

Cumin, squash, onions, garlic, tortilla, cilantro, vegan cheese, and optional sour cream (D), guacamole, and salsa on the side.

DESSERTS

Lemon Cookie (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Wednesday, August 13, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Chicken Tortilla (GF/D)

Golden Broccoli (GF/DF/OF/VE/Nuts)

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Beef with Broccoli Stir-Fry (GF/DF)

Beef, broccoli, mushrooms, carrots, jasmine rice, and stir fry sauce.

Soy Curl and Broccoli Stir-Fry (GF/DF/VE)

Soy curls, broccoli, carrots, mushroom, jasmine rice, and stir-fry sauce.

DESSERTS

Cherry Crumble Bar (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Thursday, August 14, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Potato and Ham (D)

Chilled Peach (GF/DF/OF/VE) ▼

Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Meatloaf Open-Faced Sandwich (D)

Beef, pork, bacon, panko, eggs, buttermilk, onions, carrots, ketchup, mashed potatoes, gravy, and lightly toasted bread.

Vegan Portobello Open-Faced Sandwich (DF/VE/A)

Portobello mushrooms, garlic, white wine, sage, thyme, vegan mashed potatoes, vegan butter, soy milk, and lightly toasted bread.

Note: Gluten-Free bread available.

DESSERTS

Cherry Crumble Bar (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Friday, August 15, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Manhattan Clam Chowder (GF/D) ♦↓

Roasted Red Pepper and Corn (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Greek Chicken Salad (GF/D)

Greek tapenade, marinated chicken, spinach, tomatoes, cucumbers, red onions, green peppers, feta cheese, and Greek vinaigrette.

Greek Tofu Salad (GF/DF/VE)

Greek tapenade, marinated tofu, romaine, tomatoes, cucumbers, red onions, green peppers, and Greek vinaigrette.

DESSERTS

Chai Blondie (D/Nuts)

Mixed Fruit

Daily Specials ~ Saturday, August 16, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Chicken and Sausage Gumbo (D)

Cashew Pea (GF/DF/OF/VE/Nuts) ▼

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Mexican Beef and Corn Casserole (GF/D)

Seasoned ground beef, corn tortillas, black beans, corn, salsa, cheddar cheese, black olives, and side of salsa, and sour cream.

Mexican Impossible Beef and Corn Casserole (GF/DF/VE)

Seasoned Impossible beef, black beans, corn, salsa, vegan cheese, black olives, and side of salsa.

DESSERTS

Chai Blondie (D/Nuts)

Mixed Fruit