

**Monday, September 29****German Sausage and Barley (D)****Parsnip, Carrot and Apple (GF/DF/OF/VE) ▼↓****Tuesday, September 30****Bacon and Butternut Squash (D)****Autumn Vegetable and Quinoa (GF/DF/OF/VE) ↓****Wednesday, October 1****Beef and Vegetable (GF/DF)****Bok Choy and Sweet Potato (GF/DF/OF/VE) ↓****Thursday, October 2****Beer and Cheddar (D)****Cabbage and Apple (GF/DF/OF/VE) ▼↓****Friday, October 3****New England Clam Chowder (D)****Carrot and Ginger (GF/DF/OF/VE) ♦****Saturday, October 4****Split Pea with Ham (GF/DF) ↓****Roasted Tomato (GF/DF/OF/VE) ♦↓**