



Monday, July 21

Polenta, Kale and Italian Sausage (GF/D/A) ↓
Summer Corn and Lima Bean (GF/DF/OF/VE) ↓

Tuesday, July 22

Creamy Chicken Alfredo (D)
Beet and Tomato Gazpacho (GF/DF/OF/VE)

Wednesday, July 23

Beef and Vegetable (GF/DF)
Roasted Cauliflower (GF/DF/OF/VE) ↓

Thursday, July 24

Lemon Chicken and Rice (GF/D)
Chilled Melon (GF/DF/OF/VE)

Friday, July 25

Manhattan Clam Chowder (GF/D) ♦↓
Summer Vegetable (GF/DF/OF/VE) ▼↓

Saturday, July 26

Chicken and Wild Rice (D)
Red Pepper and Tomato (GF/DF/OF/VE) ♦↓
