

WATERFALLS

LUNCH

Week: 9/7-9/13

8 Credits

Available 11AM - 2PM

Sunday

Closed

Monday

Polenta, Kale & Italian Sausage ~ Summer
Corn & Lima Bean

Italian Beef Sandwich ~ Italian Tempeh Sandwich

Chewy Ginger Cookie

Tuesday

Creamy Chicken Alfredo ~ Beet & Tomato
Gazpacho

Carne Asada Quesadilla ~ Cumin Roasted Squash
Quesadilla

Chewy Ginger Cookie

Wednesday

Beef & Vegetable ~ Roasted Cauliflower

Zucchini & Yellow Squash Chicken ~ Zucchini & Yellow
Squash Soy Curls (both served with Jasmine Rice)

Chocolate Chip
Cookie

Thursday

Lemon Chicken & Rice ~ Chilled Melon

Roasted Turkey Open-Faced Sandwich ~ Vegan Soy Curl
& Mushroom Open-Faced Sandwich

Chocolate Chip
Cookie

Friday

Manhattan Clam Chowder ~ Summer
Vegetable

Santa Fe Chicken Salad ~ Santa Fe Tempeh Salad

White Chocolate
Pecan Blondie

Saturday

Chicken & Wild Rice ~ Red Pepper &
Tomato

Fish & Chips ~ Artichoke & Chickpea Cakes w/ Vegan
Remoulade (both served with Vegan Classic Cole Slaw)

White Chocolate
Pecan Blondie

**Not Available on
Sunday**

Always Available: Classic Hot Dog • Garden Salad Bar • Steamed Vegetable Medley • Steamed Spinach • Brown Rice • Dinner Roll •
Cornbread Muffin • Fruit of the Day