

# Dinner Specials ~ Sunday, September 21, 2025

#### **ENTREES**

Maple and Rosemary Glazed Ham (GF/DF) 6

Ham, maple syrup, and rosemary.

Yankee Pot Roast (GF/DF/A) ◆ 6

Chuck roast, onions, carrots, paprika, and red wine.

Tempeh Stew (GF/DF/OF/VE) ↓6

Tempeh, onions, celery, carrots, garlic, tomato paste, and potatoes.

## **SIDES**

Mashed Potatoes (GF/D) 1

Creamed Corn (GF/D) ◆▼ 1

**Steamed Peas 1** 

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Chef's Choice (D) 3



# Dinner Specials ~ Monday, September 22, 2025 soups

White Bean and Italian Sausage (GF/D) 3/5

Note: Parmesan Topping Optional

Roasted Garlic and Chard (GF/DF/OF/VE) + 3/5

## **ENTREES**

Southwestern Grilled Chicken (GF/DF) 6

Chicken thighs, lime, orange, chipotle, cilantro and jalapeno.

Pork Chile Verde with Flour Tortillas (D) ◆ 6

Pork shoulder, onion, garlic, cumin, poblano, jalapeno, tomatillos, cilantro. Served with warm tortillas, and sour cream on the side.

#### Soy Chile Verde (GF/DF/VE) ◆ 6

Soy chunks, onions, garlic, cumin, poblano, jalapenos, tomatillos, cilantro. Served with warm tortillas (contains gluten), and optional sour cream.

#### **SIDES**

Cilantro Lime Rice (GF/DF/OF) ▼↓ 1

Roasted Cauliflower (GF/DF) ◆▼ 1

**Steamed Brussels Sprouts 1** 

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Cookies and Cream Chocolate Pie (D) 3 Mixed Fruit 2



# Dinner Specials ~ Tuesday, September 23, 2025

#### **SOUPS**

Split Pea and Ham (GF/DF) 3/5
Zucchini and Watercress (GF/DF/OF/VE) ◆+ 3/5

#### **ENTREES**

Lemon and Rosemary Roasted Shrimp (GF/DF) ◆ 6 Shrimp, olive oil, lemon, rosemary, and garlic

Beef Medallions with Pomegranate Demi (GF/DF/A) 6

Beef, pomegranate juice, shallots, garlic, thyme, and red wine.

#### Spiced Eggplant Stuffed Peppers (GF/DF/OF/VE) + 6

Eggplant, fire roasted tomatoes, cumin, garbanzo beans, garlic, onions, and bell peppers.

#### **SIDES**

Roasted Fingerling Potatoes (GF/DF) 1

Brussels Sprouts Gratin (D) ▼ 1

**Steamed Asparagus 1** 

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Cookies and Cream Chocolate Pie (D) 3 Mixed Fruit 2



# Dinner Specials ~ Wednesday, September 24, 2025

#### **SOUPS**

Turkey and Wild Rice (GF/D) ◆ 3/5
Wild Mushroom (GF/DF/OF/VE) + 3/5

#### **ENTREES**

Mushroom Braised Pork Chops (D/A) ◆ 6

Bone-in pork chops, flour, salt, pepper, garlic powder, onion powder, shallots, mushrooms, white wine, stock, cream, thyme, and bay leaf.

Roasted Sole with Pancetta Cream (GF/D/A) ◆ 6

Sole, pancetta, shallots, white wine, cream, and thyme.

Vegan Quinoa and Artichoke Stuffed Zucchini (GF/DF/OF/VE) 6

Zucchini stuffed with shallots, artichoke hearts, red peppers and quinoa.

#### **SIDES**

**Boursin Mashed Potatoes (GF/D) 1** 

Braised Green Beans (GF/DF) ◆↓ 1

Steamed Broccoli 1

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Carrot Layer Cake (D) 3

Mixed Fruit 2



# Dinner Specials ~ Thursday, September 25, 2025

#### **SOUPS**

Spanish Chicken and Rice (GF/D) 3/5
Spiced Carrot and Tahini (GF/DF/OF/VE) 3/5

#### **ENTREES**

Creamy Tuscan Chicken (GF/D) with Penne Pasta (D) ◆ 6

Chicken breasts marinated in garlic, rosemary, vinegar, olive oil, butter, tomatoes, and shallots. With Penne Pasta.

#### Paella with Chicken, Chorizo, and Shrimp (GF/DF) 6

Basmati rice, vegetable stock, saffron, onion, red pepper, green pepper, garlic, tomatoes, chicken thighs, chorizo, shrimp, and parsley.

## Vegan Mushroom Ragu with Gluten-Free Penne Pasta (GF/DF/OF/VE/A) 6

Onions, mushrooms, carrots, celery, wine, and tomatoes. With Gluten-Free penne pasta.

#### SIDES

Penne (D) or Gluten-Free Penne (GF/DF) 1

Herb Roasted Beets (GF/DF) ◆ 1

**Steamed Cauliflower 1** 

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Milk Chocolate Ganache and Almond Cake (D/Nuts) 3 Mixed Fruit 2



# Dinner Specials ~ Friday, September 26, 2025

#### **SOUPS**

New England Clam Chowder (D) 3/5 Vegetable Barley (DF/OF/VE) 3/5

#### **ENTREES**

Port and Thyme Braised Short Ribs (GF/DF/A) → 6

Beef short ribs braised with port, thyme, carrots, leeks, garlic, and red wine.

Honey Glazed Salmon (GF/D) ◆ 6

Salmon, butter, ginger, Dijon, honey and chives.

Roasted Cauliflower Steaks with Mushroom Gravy (GF/DF/OF/VE) + 6

Cauliflower steaks, shallots, garlic, thyme, mushrooms, brown rice flour, and nutritional yeast.

#### **SIDES**

Herb Roasted New Potatoes (GF/DF) ▼ 1

Lemon and Dill Roasted Carrots (GF/D) ◆ 1

**Steamed Green Beans 1** 

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carrots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Marionberry Pie (D) 3

Mixed Fruit 2



# Dinner Specials ~ Saturday, September 27, 2025

#### **SOUPS**

Chicken and Dumpling (D) 3/5
Tomato Basil Bisque (GF/D/OF/VG) 3/5

#### **ENTREES**

Creamy Lemon Pepper Chicken (GF/D) ◆ 6

Chicken breasts, parmesan, parsley, garlic, butter, and heavy cream.

#### Greek Braised Lamb (GF/DF/A) 6

Leg of lamb, garlic, rosemary, thyme, oregano, paprika, lemon, wine, and shallots.

#### Spanakopita Stuffed Peppers (GF/D/OF/VG) 6

Feta, parsley, spinach, quinoa, fontina, and shallots.

#### **SIDES**

Couscous with Mint, Pine Nuts and Feta (D/Nuts) 1

Stewed Cauliflower (GF/DF) ◆ 1

Steamed Swiss Chard 1

**Baked Potato or Baked Sweet Potato 1** 

**Brown Rice 1** 

**Steamed Carr1ots or Steamed Spinach 1** 

Legume of the Day 1

French Fries or Sweet Potato Fries 1

# **DESSERTS**

Marionberry Pie (D) 3

Mixed Fruit 2