



Lunch	Soup	Entrée	Dessert
Week: 9/7-9/13 Open 11AM - 2PM			
Sunday	Chef's Choice	Sourdough Patty Melt w/ Swiss Cheese & Caramelized Onions	Chef's Choice
Monday	Polenta, Kale & Italian Sausage ~ Summer Corn & Lima Bean	Italian Beef Sandwich ~ Italian Tempeh Sandwich	Chewy Ginger Cookie
Tuesday	Creamy Chicken Alfredo ~ Beet & Tomato Gazpacho	Carne Asada Quesadilla ~ Cumin Roasted Squash Quesadilla	Chewy Ginger Cookie
Wednesday	Beef & Vegetable ~ Roasted Cauliflower	Zucchini & Yellow Squash Chicken ~ Zucchini & Yellow Squash Soy Curls (both served with Jasmine Rice)	Chocolate Chip Cookie
Thursday	Lemon Chicken & Rice ~ Chilled Melon	Roasted Turkey Open-Faced Sandwich ~ Vegan Soy Curl & Mushroom Open-Faced Sandwich	Chocolate Chip Cookie
Friday	Manhattan Clam Chowder ~ Summer Vegetable	Santa Fe Chicken Salad ~ Santa Fe Tempeh Salad	White Chocolate Pecan Blondie
Saturday	Chicken & Wild Rice ~ Red Pepper & Tomato	Fish & Chips ~ Artichoke & Chickpea Cakes w/ Vegan Remoulade (both served with Vegan Classic Cole Slaw)	White Chocolate Pecan Blondie
Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger •		
Alt Dessert	•Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin•		