



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	Dessert
Week:	9/28-10/4 Open 4PM - 6PM						
Sunday	Chicken Fricasee	Meatloaf w/ Brown Gravy	Mushroom Nut Loaf	Roasted Garlic Mashed Potatoes	Sauteed Kale	Peas	Chef's Choice
Monday	Kielbasa Coddle	Honey Garlic Butter Shrimp	Artichoke & Chickpea Cakes	Almond Rice Pilaf	Green Beans w/ Toasted Hazelnuts & Lemon Zest	Brussels Sprouts	Key Lime Pie
Tuesday	Bacon & Mushroom Braised Chicken Thighs	Butter Crumb Baked Cod	Vegan Barley Stuffed Peppers	Quinoa Pilaf	Roasted Brussels Sprouts	Green Beans	Key Lime Pie
Wednesday	Bourbon Roasted Pork Loin	Grilled Salmon w/ Lemon Sesame Sauce	Bourbon Roasted Tofu	Herb Roasted Red Potato Wedges	Carrots Amandine	Asparagus	Orange Phyllo Cake
Thursday	Roasted Turkey Breast w/ Turkey Gravy	Apple Cider Braised Beef	Vegan Leek & Spinach Pie	Mashed Potatoes	Broccoli Gratin	Cauliflower	Carrot Cake
Friday	Herb Baked Sole	Coq Au Vin	Vegan "No Coq" Au Vin	Roasted Fingerling Potatoes	Roasted Cauliflower	Broccoli	Chocolate Walnut Pie
Saturday	Mediterranean Seafood Ragout	Roasted Pork Loin w/ Apricot & Rosemary Glaze	Quinoa Tabouli Stuffed Tomatoes	Carrot & Coriander Rice Pilaf	Herb Roasted Vegetables	Zucchini & Yellow Squash	Chocolate Walnut Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						