

SNF, Health Center & Nurse Station

Week: 10/12-10/18

Open 4PM - 6PM

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert
Sunday	Chicken Thighs & Mushroom Marsala	Cider Braised Pork	Eggplant Marsala	Roasted Fingerling Potatoes	Green Beans	Chef's Choice
Monday	Chicken Thighs in Mole	Ranchero-Style Shrimp	Ranchero-Style Soy Curls	Arroz Amarillo	Parnsips	Chocolate Banana Marble Cake
Tuesday	Bangers & Mash w/ Onion Gravy	London Broil	Tempeh London Broil	Mashed Potatoes	Asparagus	Chocolate Banana Marble Cake
Wednesday	Turkey Fricassee	Creole Braised Beef	Soy Curl Fricassee	Smashed Red Bliss Potatoes	Broccoli	Raspberry White Chocolate Cheesecake
Thursday	Chicken Thighs Cacciatore	Pork Piccata	Vegan Gardein Piccata	Penne Pasta or GF Chickpea Penne	Zucchini & Yellow Squash	Cherry Velvet Cake
Friday	Beef Medallions w/ Green Peppercorn Cream Sauce	Salmon w/ Braised Leeks	Vegan Quinoa & Artichoke Stuffed Zucchini	Herbed Rice Pilaf	Brussels Sprouts	Pecan Pie
Saturday	Mediterranean Baked Sole	Lamb Shish Kebabs	Crispy Chickpea Stuffed Bell Peppers	Turmeric Rice Pilaf	Cauliflower	Pecan Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •					
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •					
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries					
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •					