

WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Monday, November 3, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

Five-Spice Chicken Noodle (DF/A) ↓

Cabbage, Mushroom and Rice (GF/DF/OF/VE/A) ↓

Garden Salad Bar

ENTREES

Teriyaki Chicken Thighs (GF/DF) ♦

Chicken thighs, brown sugar, soy sauce, rice vinegar, sesame oil, and garlic.

Kalua Pork (GF/DF) ♦

Boneless pork shoulder, banana leaf, liquid smoke, and broth.

Huli Huli Tofu (GF/DF/OF/VE/Nuts)

Ketchup, soy sauce, tofu, brown sugar, rice vinegar, vegan fish sauce, ginger, vegetable stock, onion, garlic, carrot, red pepper, cauliflower, and peanuts.

SIDES

Scallion Rice Pilaf (GF/DF) ↓

Ginger Garlic Green Beans (GF/DF) ♦

Steamed Asparagus

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Chocolate Chip Mousse Cake (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (♥) Low Sodium • (†) Low Fat

WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Tuesday, November 4, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

German Goulash (D)

Colcannon (GF/DF/OF/VE) ▼↓

Garden Salad Bar

ENTREES

Sole Amandine (D/Nuts) ♦

Sole, almonds, panko, butter, lemons, parmesan, and paprika.

Beef Medallions with Forest Mushrooms and Bacon Medley (GF/D) ♦

Beef, butter, mushrooms, thyme and bacon.

White Bean Stuffed Portobellos (GF/DF/OF/VE) ↓

Portobello mushrooms, white beans, onions, leeks, celery, garlic, turmeric, kale, spinach, artichoke hearts, and tomatoes.

SIDES

Scalloped Potatoes (GF/D) 1

Roasted Asparagus (GF/DF) ♦▼ 1

Steamed Brussels Sprouts 1

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Chocolate Chip Mousse Cake (D)

Mixed Fruit

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WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Wednesday, November 5, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

Turkey Noodle (DF) ↓

Leek and Fennel (GF/DF/OF/VE) ↓

Garden Salad Bar

ENTREES

Grilled Chicken Breast Alfredo (D) ♦

Chicken breast, bechamel, milk, penne pasta, and cheese.

Ragu Bolognese (GF/D/A) ♦

Olive oil, butter, garlic, onions, carrots, celery, beef, pork, veal, milk, white wine, tomatoes, and nutmeg.

Vegan Lentil Bolognese (GF/DF/OF/VE/A) ↓

Lentil, broth, carrot, onion, celery, garlic, mushrooms, oregano, tomato, red wine, gluten-free penne, and basil.

SIDES

Penne (DF) or Gluten-Free Penne (GF/DF)

Roasted Broccoli with Pine-Nuts and Parmesan (D/Nuts) ♦

Steamed Zucchini and Yellow Squash

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Marionberry Cheesecake (D)

Mixed Fruit

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WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Thursday, November 6, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

Spanish Chicken and Rice (GF/D) 3/5

Lentil and Root Vegetable (GF/*DF/OF/VE) 3/5

*Note: Parmesan Topping Optional

Garden Salad Bar

ENTREES

Thyme, Leek and Onion Braised Chicken (GF/D/A) ♦

Chicken thighs, onion, celery, carrot, garlic, white wine, cream, chicken stock, thyme, and bay leaves.

Tuscan Grilled Flank Steak with Tuscan Chimichurri (GF/DF) ♦

Flank steak, lime, garlic, shallots, oregano, and lemon.

Eggplant Involtini (GF/DF/OF/VE/Nuts)

Eggplant, tofu, cashew cheese, Rice-Chex, basil, and tomato sauce.

SIDES

Roasted Garlic Mashed Potatoes (GF/D)

Ratatouille (GF/DF/OF/VE) ♦▼↓

Steamed Parsnips

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Marionberry Cheesecake (D)

Mixed Fruit

WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Friday, November 7, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

Manhattan Clam Chowder (GF/D) ♦↓

Vegetable Quinoa (GF/DF/OF/VE) ↓

Garden Salad Bar

ENTREES

Steamed Cod over Napa Cabbage (GF/DF/A) ♦↓

Cod, cabbage, onions, red peppers, cilantro, green onions, ginger, wine, sesame oil, and soy sauce.

Vietnamese Caramel Pork (GF/DF)

Pork shoulder, shallots, ginger, brown sugar, fish sauce, chili sauce, and green onions.

Lemongrass and Garlic Baked Tempeh (GF/DF/OF/VE/A)

Tempeh, onion, garlic, lemongrass, lime, mirin, soy sauce, and cilantro.

SIDES

Jasmine Rice (GF/DF/OF/VE) ▼↓

Miso Roasted Carrots (GF/D) ♦

Steamed Broccoli

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Vanilla Salted Caramel Crunch Cake (D) 3

Mixed Fruit

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WATERFALLS

Dinner: Monday - Saturday, 4 pm - 7 pm

Dinner Specials ~ Saturday, November 8, 2025

12 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS

Ultimate Baked Potato (D)

Thai Coconut Tomato (GF/DF/OF/VE) ♦

Garden Salad Bar

ENTREES

Hunter's Chicken (DF/A)

Chicken thighs, mushrooms, onions, peppers, garlic, white wine, eggs, and flour.

Lamb Leg Spezzatino (GF/DF/A) ♦

Lamb leg, onion, garlic, saffron, tomato, white wine, stock, and thyme.

Spiced Eggplant Stuffed Peppers (GF/DF/OF/VE) ↓

Eggplant, fire roasted tomatoes, cumin, garbanzo beans, garlic, onions, and bell peppers.

SIDES

Parmesan and Black Pepper Rice Pilaf (GF/D) ↓

Herb Roasted Vegetables (GF/DF) ♦

Steamed Cauliflower

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Legume of the Day

Dinner Roll or Cornbread

DESSERTS

Vanilla Salted Caramel Crunch Cake (D)

Mixed Fruit

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