

WATERFALLS

DINNER

Week: 10/12-10/18

12 Credits

Available 4PM - 7PM

Sunday

Closed

Monday

Chicken Thighs in
Mole

Ranchero-Style
Shrimp

Ranchero-Style
Soy Curls

Arroz Amarillo

Rosemary Roasted
Delicata Squash

Parnsips

Chocolate Banana
Marble Cake

Tuesday

Bangers & Mash w/
Onion Gravy

London Broil

Tempeh London
Broil

Mashed Potatoes

Creamed Kale

Asparagus

Chocolate Banana
Marble Cake

Wednesday

Turkey Fricassee

Creole Braised
Beef

Soy Curl Fricassee

Smashed Red
Bliss Potatoes

Lemon & Dill
Roasted Carrots

Broccoli

Raspberry White
Chocolate
Cheesecake

Thursday

Chicken Thighs
Cacciatore

Pork Piccata

Vegan Gardein
Piccata

Penne Pasta or GF
Chickpea Penne

Roasted Cauliflower
w/ Pine Nuts &
Parmesan

Zucchini & Yellow
Squash

Cherry Velvet
Cake

Friday

Beef Medallions w/
Green Peppercorn
Cream Sauce

Salmon w/ Braised
Leeks

Vegan Quinoa &
Artichoke Stuffed
Zucchini

Herbed Rice Pilaf

Broccoli
Amandine

Brussels Sprouts

Pecan Pie

Saturday

Mediterranean
Baked Sole

Lamb Shish
Kebabs

Crispy Chickpea
Stuffed Bell
Peppers

Turmeric Rice Pilaf

Stewed Okra

Cauliflower

Pecan Pie

Always Available: Garden Salad Bar • Legume of the Day • Baked Russet Potato • Baked Sweet Potato • Brown Rice • Dinner Roll • Cornbread Muffin • Fruit of the Day