



| Dinner            | Entrée 1                                                                                                   | Entrée 2                | Vegetarian Entrée                         | Starch                           | Vegetable                                   | Steamed Vegetable        | Dessert                              |
|-------------------|------------------------------------------------------------------------------------------------------------|-------------------------|-------------------------------------------|----------------------------------|---------------------------------------------|--------------------------|--------------------------------------|
| Week:             | 10/12-10/18                                                                                                | Open 4PM - 6PM          |                                           |                                  |                                             |                          |                                      |
| Sunday            | Chicken Thighs & Mushroom Marsala                                                                          | Cider Braised Pork      | Eggplant Marsala                          | Roasted Fingerling Potatoes      | Sauteed Broccolini                          | Green Beans              | Chef's Choice                        |
| Monday            | Chicken Thighs in Mole                                                                                     | Ranchero-Style Shrimp   | Ranchero-Style Soy Curls                  | Arroz Amarillo                   | Rosemary Roasted Delicata Squash            | Parnsips                 | Chocolate Banana Marble Cake         |
| Tuesday           | Bangers & Mash w/ Onion Gravy                                                                              | London Broil            | Tempeh London Broil                       | Mashed Potatoes                  | Creamed Kale                                | Asparagus                | Chocolate Banana Marble Cake         |
| Wednesday         | Turkey Fricassee                                                                                           | Creole Braised Beef     | Soy Curl Fricassee                        | Smashed Red Bliss Potatoes       | Lemon & Dill Roasted Carrots                | Broccoli                 | Raspberry White Chocolate Cheesecake |
| Thursday          | Chicken Thighs Cacciatore                                                                                  | Pork Piccata            | Vegan Gardein Piccata                     | Penne Pasta or GF Chickpea Penne | Roasted Cauliflower w/ Pine Nuts & Parmesan | Zucchini & Yellow Squash | Cherry Velvet Cake                   |
| Friday            | Beef Medallions w/ Green Peppercorn Cream Sauce                                                            | Salmon w/ Braised Leeks | Vegan Quinoa & Artichoke Stuffed Zucchini | Herbed Rice Pilaf                | Broccoli Amandine                           | Brussels Sprouts         | Pecan Pie                            |
| Saturday          | Mediterranean Baked Sole                                                                                   | Lamb Shish Kebabs       | Crispy Chickpea Stuffed Bell Peppers      | Turmeric Rice Pilaf              | Stewed Okra                                 | Cauliflower              | Pecan Pie                            |
| Salad/Soup        | • Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •                                |                         |                                           |                                  |                                             |                          |                                      |
| Alt Dinner Entrée | • Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •                  |                         |                                           |                                  |                                             |                          |                                      |
| Alt Sides         | • Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries |                         |                                           |                                  |                                             |                          |                                      |
| Alt Desserts      | • Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •          |                         |                                           |                                  |                                             |                          |                                      |
|                   |                                                                                                            |                         |                                           |                                  |                                             |                          |                                      |