



Lunch	Soup	Entrée	Dessert
Week:	10/12-10/18	Open 11AM - 2PM	
Sunday	Chef's Choice	Smoked Salmon Hash	Chef's Choice
Monday	Cauliflower & Cheese ~ Roasted Garlic & Chard	Curried Chicken Salad Croissant Sandwiches ~ Curried Chickpea Salad Croissant Sandwiches	5 Spice Snickerdoodle
Tuesday	Parsnip & Apple ~ Potato & Kale	Grilled Steak Fajitas ~ Soy Curl Fajitas (both served with Seasoned Black Beans & Cumin Rice Pilaf)	5 Spice Snickerdoodle
Wednesday	Cock-a-Leekie ~ Fall Garden Vegetable	Yakisoba Noodle w/ Beef ~ Yakisoba Noodle w/ Soy Curl	Orange Butter Cookie
Thursday	Bean & Bacon ~ Carrot, Fennel & Potato	Pepperoni Pizza ~ Cheese Pizza ~ Vegan GF Pizza	Orange Butter Cookie
Friday	New England Clam Chowder ~ Borscht	Grilled Chicken Gyro Salad with Creamy Cucumber Dressing ~ Grilled Tofu Gyro Salad with Creamy Cucumber Dressing	Walnut Brownies
Saturday	Chicken & Wild Rice ~ Creamy Tomato	Baked Penne w/ Ground Beef ~ Vegan Baked Penne w/ Impossible Beef	Walnut Brownies
Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger •		
Alt Dessert	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •		