



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Monday, November 24, 2025

SOUPS

Chicken Noodle (DF) ↓ 3/5
Butternut Squash
(GF/DF/OF/VE) 3/5

SANDWICH BAR

Half Sandwich 3
Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Cheeseburger Flatbread (D) 6
Seasoned ground beef, shredded
cheddar, dill pickle, red onions, and
zesty ketchup sauce.

**Spinach and Artichoke
on Sourdough (D) 6**
Sourdough bread, butter, parmesan
cheese, cream cheese, artichoke
hearts, spinach, and mozzarella.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Fig Crumble Bar (D) 1
Mixed Fruit 2



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Tuesday, November 25, 2025

SOUPS

Savory Mushroom

(GF/DF/OF/VE/A) ♦▼↓ 3/5

Beet, Fennel and Ginger

(GF/DF/OF/VE) ♦↓ 3/5

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Cheeseburger Flatbread (D) 6

Seasoned ground beef, shredded cheddar, dill pickle, red onions, and zesty ketchup sauce.

**Spinach and Artichoke
on Sourdough (D) 6**

Sourdough bread, butter, parmesan cheese, cream cheese, artichoke hearts, spinach, and mozzarella.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Fig Crumble Bar (D) 1

Mixed Fruit 2



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Wednesday, November 26, 2025

SOUPS

Creamy Potato and Bacon (D) 3/5
Creamy Sweet Potato and Apple (GF/DF/OF/VE) 3/5

SANDWICH BAR

Half Sandwich 3
Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk, Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar, Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey, Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes, Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Cheeseburger Flatbread (D) 6
Seasoned ground beef, shredded cheddar, dill pickle, red onions, and zesty ketchup sauce.

Spinach and Artichoke on Sourdough (D) 6
Sourdough bread, butter, parmesan cheese, cream cheese, artichoke hearts, spinach, and mozzarella.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Peanut Butter Chocolate Chip Cookies (D/Nuts) 1
Mixed Fruit 2



Friday, November 28, 2025

SOUPS

Manhattan Clam Chowder
(GF/D) ♦↕ 3/5

Cabbage and Potato
(GF/DF/OF/VE) ♦↕ 3/5

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Cheeseburger Flatbread (D) 6
Seasoned ground beef, shredded
cheddar, dill pickle, red onions, and
zesty ketchup sauce.

**Spinach and Artichoke
on Sourdough (D) 6**
Soudough bread, butter, parmesan
cheese, cream cheese, artichoke
hearts, spinach, and mozzarella.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Chocolate Chunk Brownies (D) 1
Mixed Fruit 2



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Saturday, November 29, 2025

SOUPS

Broccoli Cheddar (D) 3/5
Red Pepper and Tomato
(GF/DF/OF/VE) ♦↓ 3/5

SANDWICH BAR

Half Sandwich 3
Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Cheeseburger Flatbread (D) 6
Seasoned ground beef, shredded
cheddar, dill pickle, red onions, and
zesty ketchup sauce.

Spinach and Artichoke
on Sourdough (D) 6
Sourdough bread, butter, parmesan
cheese, cream cheese, artichoke
hearts, spinach, and mozzarella.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Chocolate Chunk Brownies (D) 1
Mixed Fruit 2