



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Monday, December 22, 2025

SOUPS

Five Spice Chicken Noodle

(DF/A) ↓ 3/5

Cabbage, Mushroom and Rice

(GF/DF/OF/VE/A) ↓ 3/5

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,

Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,

Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,

Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,

Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Ham and Havarti (D) 6

Sliced ham, Havarti cheese, caramelized onion apple butter, and ciabatta roll.

Flatbread (D) 6

Salami, roasted red peppers,

Manzanilla olives, and shredded

Fontina.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Lemon Butter Cookies (D) 1

Mixed Fruit 2

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (†) Low Fat



Tuesday, December 23, 2025

SOUPS

- German Goulash (D) 3/5
- Colcannon (GF/DF/OF/VE) ▼♦ 3/5

SANDWICH BAR

- Half Sandwich 3
- Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

- Ham and Havarti (D) 6
Sliced ham, Havarti cheese,
caramelized onion apple butter, and
ciabatta roll.
- Flatbread (D) 6
Salami, roasted red peppers,
Manzanilla olives, and shredded
Fontina.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

- Lemon Butter Cookie (D) 1
- Mixed Fruit 2



ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Wednesday, December 24, 2025

SOUPS

Turkey Noodle (DF) ↓ 3/5

Leek and Fennel

(GF/DF/OF/VE) ↓ 3/5

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Ham and Havarti (D) 6

Sliced ham, Havarti cheese,
caramelized onion apple butter, and
ciabatta roll.

Flatbread (D) 6

Salami, roasted red peppers,
Manzanilla olives, and shredded
Fontina.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Chocolate Chip Cookies (D) 1

Mixed Fruit 2

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ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Friday, December 26, 2025

SOUPS

Manhattan Clam Chowder

(GF/D) ♦↓ 3/5

Vegetable Quinoa

(GF/DF/OF/VE) ↓ 3/5

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Ham and Havarti (D) 6

Sliced ham, Havarti cheese,
caramelized onion apple butter, and
ciabatta roll.

Flatbread (D) 6

Salami, roasted red peppers,
Manzanilla olives, and shredded
Fontina.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Salted Caramel Pretzel Brownie (D) 1

Mixed Fruit 2

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ELK ROCK

Lunch: Monday - Saturday, 11 am - 2 pm

Saturday, December 27, 2025

SOUPS

Ultimate Baked Potato (D) 3/5

**Thai Coconut Tomato
(GF/DF/OF/VE) ♦ 3/5**

SANDWICH BAR

Half Sandwich 3

Whole Sandwich 6

BREAD:

Nine-Grain, Buttermilk,
Sourdough, Rye, or Gluten-Free

CONDIMENTS:

Mayonnaise, Mustard

CHEESE:

American, Cheddar,
Swiss, or Havarti

PROTEINS:

Tuna Salad, Egg Salad, Turkey,
Ham, or Roast Beef

TOPPINGS:

Green Leaf Lettuce, Tomatoes,
Red Onions, and Dill or Sweet Pickle

HEARTH OVEN SPECIALS

Ham and Havarti (D) 6

Sliced ham, Havarti cheese,
caramelized onion apple butter, and
ciabatta roll.

Flatbread (D) 6

Salami, roasted red peppers,
Manzanilla olives, and shredded
Fontina.

KETTLE CHIPS 2

BBQ, Honey Mustard, or Sea Salt

DESSERT

Salted Caramel Pretzel Brownie (D) 1

Mixed Fruit 2

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

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