



# At The Neighborhoods

Week: 12/28-1/3		Open 4PM - 6PM				
Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert
Sunday	Brown Sugar Glazed Ham	Chicken Pot Pie	Roasted Vegetable Primavera w/ Whole Wheat Rotini	Mashed Potatoes	Peas	Chef's Choice
Monday	Blackberry Balsamic Glazed Chicken Breasts	Flank Steak w/ Mint Mustard Sauce	Vegan Mushroom Shepherd's Pie	Roasted Fingerling Potatoes	Brussels Sprouts	Banana Marble Cake
Tuesday	BBQ Roasted Shrimp	Cajun Roasted Salmon	Chickpea & Okra Stew w/ Jasmine Rice	Garlic & Herb Brown Rice	Corn	Banana Marble Cake
Wednesday	NEW YEAR'S DAY MENU					
Thursday	CLOSED FOR NEW YEAR'S DAY					
Friday	Honey & Orange Glazed Chicken Thighs	Five Spice Pork Butt	Sesame Ginger Grilled Portobello Mushrooms	Scallion Rice Pilaf	Miso Roasted Carrots	Chocolate Mint Cream Pie
Saturday	Sun-dried Tomato & Caper Crumb Cod	Middle Eastern Braised Lamb	Spiced Eggplant Stuffed Peppers	Couscous w/ Mint, Pine Nuts & Feta	Roasted Broccoli	Chocolate Mint Cream Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •					
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •					
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries					
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •					