

Daily Specials ~ Monday, December 8, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Creamy Chicken Alfredo (D)

Celery, Root and Apple (GF/DF/OF/VE) ♦↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Southwest Chicken Wrap (DF)

Chipotle flour tortilla with grilled chicken breasts, romaine, peppers, olives, jicama, tortilla strips, cilantro lime vinaigrette and chipotle aioli

Southwest Grilled Tempeh Wrap (DF/VG)

Chipotle flour tortilla, tempeh, romaine, peppers, olives, jicama, tortilla strips, cilantro lime vinaigrette and chipotle aioli

DESSERTS

Chocolate Chip Cookies (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Tuesday, December 9, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Beef Barley (DF) ↓

Cauliflower, Kale and Chickpea (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Pork Chile Verde Bowl (GF/D)

Marinated pork, brown rice, ranchero beans, cheese, tomatoes, olives, green onions, cilantro, and salsa, sour cream and guacamole on the side.

Soy Chile Verde Bowl (GF/DF/VE)

Seasoned plant-based chicken, brown rice, ranchero beans, vegan cheddar cheese, tomatoes, olives, green onions, cilantro, and salsa, sour cream (D), and guacamole on the side.

DESSERTS

Chocolate Chip Cookies (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Wednesday, December 10, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Sausage and Potato (GF/DF) ◆↓

Golden Beet (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Singapore Noodles with Beef Stir-Fry (GF/DF)

Beef, bean sprouts, egg, green onions, celery, carrots, mushrooms, rice noodles, and stir-fry sauce.

Singapore Noodles with Soy Chunk Stir-Fry
(GF/DF/VG)

Soy curls, bean sprouts, green onions, celery, carrots, mushrooms, egg, rice noodles, and stir-fry sauce.

DESSERTS

S'mores Bar (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Thursday, December 11, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Chicken Tikka Masala (GF/DF) ▼

Mulligatawny (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

Entrees

Chicken Pot Pie (D/A)

Butter, onion, celery, carrots, garlic, mushrooms, white wine, bechamel sauce, thyme, chicken, peas, egg, and puff pastry.

Vegetable Pot Pie (DF/OF/VE/A)

Onion, carrots, celery, mushrooms, thyme, rosemary, red wine, zucchini, yellow squash, peas, roasted vegetable broth, puff pastry, and parsley.

DESSERTS

S'mores Bar (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Friday, December 12, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Cajun Shrimp and Corn Chowder (D)

Cajun Roasted Corn Chowder (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Five-Spice Chicken Salad (GF/DF/Nuts)

Five-spice marinated grilled chicken breast, spinach, red cabbage, arugula, red peppers, carrots, green onions, sesame seeds, cashews, and miso sesame dressing.

Five-Spice Soy Curl Salad (GF/DF/VE/Nuts)

Five-spice marinated soy curls, spinach, red cabbage, arugula, red peppers, carrots, green onions, sesame seeds, cashews, and miso sesame dressing.

DESSERTS

Pumpkin Snickerdoodle (D)

Mixed Fruit

WATERFALLS

Lunch: Monday - Saturday, 11 am - 2 pm

Daily Specials ~ Saturday, December 13, 2025

8 Dining Credits ~ Includes choice of soup or salad, one entree, and dessert or fruit.

SOUPS & SALAD

Garden Vegetable (GF/DF/VE)

Roasted Cauliflower (GF/DF/OF/VE) ↓

Chili (GF/DF/OF/VE)

Garden Salad Bar

ENTREES

Spaghetti and Meatballs (D/A) 5

Spaghetti and meatballs with marinara sauce and topped with parmesan. Served with a breadstick.

Spaghetti and Vegan Meatballs (DF*/VE/A/Nuts) 5

Impossible beef, onion, garlic, tomatoes, Italian seasoning, red chili flakes, GF pasta, chickpea flour, vegan ricotta cheese, cashew, and tofu.

*Topped with optional parmesan (D) and served with a breadstick.

DESSERTS

Pumpkin Snickerdoodle (D)

Mixed Fruit