| Mark Market | | | | | | | |
|-------------|----------|--|--|--|--|--|--|
| WHITE C | AK GRILL | | | | | | |

| Dinner | Entrée 1 | Entrée 2 | Vegetarian Entrée | Starch | Vegetable | Steamed Vegetable | Dessert | |
|---------------------------------|--|---|--|--------------------------------|----------------------------|----------------------|-------------------------------|--|
| Week: 12/7-12/13 Open 4PM - 6PM | | | | | | | | |
| Sunday | Chicken Divan | Italian Style Beef Pot Roast | Vegetable Bread Pudding | Herb Roasted Red Potatoes | Creamed Spinach | Peas | Chef's Choice | |
| Monday | Lemon & Rosemary Roasted Shrimp | Steak Tips w/ Caramelized Onions | Vegan Quinoa & Grilled Zucchini Stuffed Peppers | Roasted Fingerling Potatoes | Brussels Sprouts Gratin | Broccoli | Sticky Toffee Pudding Cake | |
| Tuesday | Chicken Breast Saltimbocca | Sole Oreganato | Roasted Cauliflower Steaks w/ Romesco | Herbed Rice Pilaf | Braised Swiss Chard | Brussels Sprouts | Sticky Toffee Pudding Cake | |
| Wednesday | Asian BBQ Glazed Chicken Legs | Miso & Yuzu Glazed Cod | Sesame Ginger Grilled Portobello Mushrooms | Jasmine Rice | Garlic Buttered Edamame | Green Beans | Strawberry Cream Pie | |
| Thursday | Mustard & Dill Baked Rockfish | Pork Medallions w/ Pear & Cranberry Chutney | Tempeh Stew | Almond Rice Pilaf | Green Beans Amandine | Asparagus | Triple Chocolate Torte | |
| Friday | Chicken Thighs w/ Creamy Garlic Sauce | Lamb Shepherd's Pie | Vegan Mushroom Shepherd's Pie w/ Vegan Mashed Potatoes | Mashed Potatoes | Herb Roasted Beets | Cauliflower | Chocolate Peanut Pie | |
| Saturday | Beef Medallions w/ Mushroom Suace | Pork Roast w/ Apples, Garlic & Thyme | Savory Stuffed Apples | Buttered Yukon Potatoes | Braised Green Beans | Swiss Chard | Chocolate Peanut Pie | |
| Salad/Soup | • Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit • | | | | | | | |
| Alt Dinner Entrée | • Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • | | | | | | | |
| Alt Sides | • Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries | | | | | | | |
| Alt Desserts | • Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin • | | | | | | | |