Nutrition Facts

Serving Size
8 fl oz

Calories per serving 70

Amount/serving	% DV	Amount/serving	% DV
Total Fat 0g	**0%**	**Total Carb.** 17g	**6%**
Saturated Fat 0g	**0%**	Fiber 4g	**15%**
Trans Fat 0g		Total Sugars 7g	
Cholesterol 0mg	**0%**	Incl.0g Added Sugars	**0%**
Sodium 150mg	**7%**	**Protein** 1g	

Vitamin D 0% · Calcium 4% · Iron 4% · Potassium 8%

Parsnip, Carrot & Apple Soup, Vegan

Ingredients: water, parsnip, carrot, yellow onion, oat milk, apple, leek, low sodium vegetable base, parsley, kosher salt, thyme