



WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Sunday, January 25, 2025

ENTREES

Chicken Murphy (DF/A) ♦ 6

Chicken thighs, onions, eggs, flour, green peppers, red peppers and wine.

Italian Pork Roast (GF/DF) ♦ 6

Pork roast, onions, carrots, paprika, salt, pepper and fire roasted tomatoes.

Eggplant Lasagna (D/VG) 6

Eggplant, marinara sauce, Ricotta cheese, parmesan cheese and noodles.

SIDES

Roasted Marbled Potatoes (GF/DF) 1

Herb Roasted Vegetables (GF/DF) ♦ 1

Steamed Swiss Chard 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Chef's Choice (D) 3

Mixed Fruit 2

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (↑) Low Fat



WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Monday, January 27, 2025

SOUPS

German Sausage and Barley (D) 3/5

Parsnip, Carrot, and Apple (GF/DF/OF/VE) ▼▼ 3/5

ENTREES

Teriyaki Chicken (GF/DF) ◆ 6

Chicken thighs, brown sugar, soy sauce, rice vinegar, sesame oil, ginger, and garlic.

Cilantro Citrus Shrimp (GF/DF) ◆ 6

Shrimp, lime juice, orange juice, lime zest, cilantro and olive oil.

Lemongrass and Garlic Grilled Tofu (GF/DF/OF/VE/A) 6

Tofu, lemongrass, onions, lime, mirin, soy sauce, and cilantro.

SIDES

Cilantro Lime Rice (GF/DF/OF/VE) ▼▼ 1

Sesame Garlic Broccoli (GF/DF) 1

Steamed Green Beans 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Chocolate Chip Mousse Cake (D) 3

Mixed Fruit 2

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WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Tuesday, January 27, 2025

SOUPS

Beef Stroganoff (D) 3/5

Celery Soup (GF/DF/OF/VE/Nuts) ♦▼♦ 3/5

ENTREES

Salmon with Tomato Cream Sauce (GF/D/A) ♦ 6

Salmon, butter, shallots, garlic, white wine, tomatoes, kale, cream, parmesan, and thyme.

Tuscan Grilled Flank Steak with Chimichurri (GF/DF) ♦ 6

Flank steak, lime, garlic, shallots, oregano, and lemon.

Tuscan Grilled Tempeh with Chimichurri (GF/DF/VE) ♦▼ 6

Tempeh, lime, garlic, shallots, oregano, and lemon.

SIDES

Parmesan and Black Pepper Rice Pilaf (GF/D) ↓ 1

Roasted Broccoli with Pine Nuts and Parmesan (D/Nuts) ♦ 1

Steamed Asparagus 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Chocolate Chip Mousse Cake (D) 3

Mixed Fruit 2

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WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Wednesday, January 28, 2025

SOUPS

Turkey and Wild Rice (GF/D) ♦ 3/5

Cashew Pea (GF/DF/OF/VE/Nuts) ▼♦ 3/5

ENTREES

Chicken Shish Kebabs (GF/D) ♦ 6

Chicken, onions, garlic, tomato, yogurt, lemon, and paprika.

Moroccan Style Baked Cod (GF/DF) ▼♦ 6

Cod, garlic, tomatoes, red peppers, chickpeas, cilantro, paprika, and lemon.

Quinoa Tabouli Stuffed Tomatoes (GF/DF/OF/VE) ▼ 6

Quinoa, parsley, mint, chopped tomatoes, and lemon.

SIDES

Spiced Couscous (DF) ▼ 1

Moroccan Stewed Zucchini (GF/DF) ♦ 1

Steamed Cauliflower 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Dulce de Leche Cheesecake (D) 3

Mixed Fruit 2



WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Thursday, January 29, 2025

SOUPS

Chicken Tikka Masala (GF/DF) ▼ 3/5

Mulligatawny (GF/DF/OF/VE) ↓ 3/5

ENTREES

Chicken Mole (GF/DF/Nuts) 6

Chicken thighs, tomatoes, coffee, chocolate, almonds, and cherries.

Lamb Barbacoa (GF/DF) ♦ 6

Lamb, onion, peppers, garlic, chili powder, oregano, and apple cider vinegar.

Black Bean and Rice Stuffed Peppers (GF/DF/OF/VE) 6

Green peppers, quinoa, black beans, cumin and oregano.

SIDES

Lima Bean and Hominy Saute (GF/DF) 1

Roasted Brussels Sprouts (GF/DF) ♦ 1

Steamed Zucchini and Yellow Squash 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Blueberry Velvet Cake (D) 3

Mixed Fruit 2

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WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Friday, January 30, 2025

SOUPS

New England Clam Chowder (D) 3/5

White Bean and Escarole (GF/DF/OF/VE/A) ▼◆ 3/5

ENTREES

Turkey Fricassee (D) ◆ 6

Turkey, butter, onions, carrots, flour, peas and heavy cream.

Yankee Pot Roast (GF/DF/A) ◆ 6

Chuck roast, onions, carrots, paprika, and red wine.

Soy Curl Fricassee (GF/DF/OF/VE) 6

Soy curls, onions, celery, carrots, vegetable stock, peas, coconut milk and cornstarch.

SIDES

Mashed Potatoes (GF/D) 1

Lemon and Dill Roasted Carrots (GF/D) ◆ 1

Steamed Broccoli 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Apple Pie (D) 3

Mixed Fruit 2

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WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Saturday, January 31, 2025

SOUPS

Chicken and Dumpling (D) 3/5

Zesty Bean (GF/DF/OF/VE) ↓ 3/5

ENTREES

Mushroom Braised Pork Chop (D/A) ◆ 6

Bone-in pork chops, flour, salt, pepper, garlic powder, onion powder, shallots, mushrooms, white wine, stock, cream, thyme, and bay leaf.

Beef Bourguignon (DF/A) ◆ 6

Chuck beef, bacon, onions, marinara sauce, red wine, and mushrooms.

Vegan Bourguignon (GF/DF/OF/VE/A) ◆◆ 6

Mushrooms, tofu, red wine, mushroom broth, carrots, and onions.

SIDES

Roasted Fingerling Potatoes (GF/DF) 1

Kale Gratin (D) ◆▼ 1

Steamed Peas 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Apple Pie (D) 3

Mixed Fruit 2

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