



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	Dessert
Week:	1/25-1/31	Open 4PM - 6PM					
Sunday	Chicken Murphy	Italian Pork Roast	Eggplant Lasagna	Roasted Marbled Potatoes	Herb Roasted Vegetables	Swiss Chard	Chef's Choice
Monday	Teriyaki Chicken	Cilantro Citrus Shrimp	Lemongrass & Garlic Grilled Tofu	Cilantro Lime Rice	Sesame Garlic Broccoli	Green Beans	Chocolate Chip Cookie Mousse Cake
Tuesday	Salmon w/ Tomato Cream Sauce	Tuscan Grilled Flank Steak w/ Chimichurri	Tuscan Grilled Tempeh w/ Chimichurri	Parmesan & Black Pepper Rice Pilaf	Roasted Broccoli w/ Pine Nuts & Parmesan	Asparagus	Chocolate Chip Cookie Mousse Cake
Wednesday	Chicken Shish Kebabs	Moroccan Style Baked Cod	Quinoa Tabouli Stuffed Tomatoes	Spiced Couscous	Moroccan Stewed Zucchini	Cauliflower	Dulce De Leche Cheesecake
Thursday	Chicken Mole	Lamb Barbacoa	Black Bean & Rice Stuffed Peppers	Lima Bean & Hominy Saute	Roasted Brussels Sprouts	Zucchini & Yellow Squash	Blueberry Velvet Cake
Friday	Turkey Fricassee	Yankee Pot Roast	Soy Curl Fricassee	Mashed Potatoes	Lemon & Dill Roasted Carrots	Broccoli	Apple Pie
Saturday	Mushroom Braised Pork Chops	Beef Bourguignon	Vegan Bourguignon	Roasted Fingerling Potatoes	Kale Gratin	Peas	Apple Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						