



WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Sunday, February 8, 2026

ENTREES

Chicken Divan (D/A) ♦ 6

Chicken thighs, butter, onions, carrots, white wine, bechamel sauce, cheese and broccoli.

Hungarian Pork Tips (D) ♦▼ 6

Pork tips, flour, pepper, paprika, onions and mushroom soup.

Green Lentil and Mushroom Stew (GF/DF/VE/A) ▼ 6

Onion, carrots, celery, garlic, thyme, lentils, mushrooms, white wine, and tomatoes.

SIDES

Egg Noodles (DF) 1

Roasted Cauliflower (GF/DF) ♦▼ 1

Steamed Peas 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Chef's Choice (D) 3

Mixed Fruit 2

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (±) Low Fat



WHITE OAK GRILL

Dinner: Sunday - Saturday, 4 pm - 6 pm

Dinner Specials ~ Monday, February 9, 2026

SOUPS

African Peanut (GF/DF/OF/VE/Nuts) 3/5

Carrot and Tomato (GF/DF/OF/VE) ♦ 3/5

ENTREES

Beef Medallions with Maple and Soy Glaze (GF/DF) 6

Seasoned beef, maple syrup, mustard, red chili flakes, and soy sauce.

Steamed Cod Over Napa Cabbage (GF/DF/A) ♦♦ 6

Cod, cabbage, onions, red peppers, cilantro, green onions, ginger, wine, sesame oil, and soy sauce.

Vegan Sticky Tofu (GF/DF/OF/VE) 6

Tofu, rice vinegar, sugar, tomato paste, soy sauce, cornstarch, and sesame seeds.

SIDES

Five-Spice Roasted Sweet Potatoes (GF/DF) 1

Roasted Edamame Succotash (GF/DF/A) 1

Steamed Brussel Sprouts 1

Baked Potato or Baked Sweet Potato 1

Brown Rice 1

Steamed Carrots or Steamed Spinach 1

Legume of the Day 1

French Fries or Sweet Potato Fries 1

DESSERTS

Key Lime Pie (D) 3

Mixed Fruit 2

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (↑) Low Fat



WHITE OAK GRILL

Lunch: Sunday - Saturday, 11 am - 2 pm

Daily Specials ~ Tuesday, February 10, 2026

SOUPS

Cock-a-Leekie (GF/D) ♦

Golden Beet (GF/DF/OF/VE) ↓

SALADS

Caesar Salad (D)

Garden Salad

Mixed Greens, tomatoes, cucumbers, carrots, chickpeas, and choice of dressing.

ENTREES

Deli Sandwich

Choice of bread, sliced turkey, or egg salad, cheddar or Swiss cheese, lettuce, tomato, onion, and pickle on the side.

SIDES

Pine-Nut and Basil Rice Pilaf

(GF/DF/OF/VE/Nuts) ↓

Carrots Amandine (GF/D/VG/Nuts) ♦▼

Steamed Broccoli

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Cottage Cheese

DESSERT

Key Lime Pie (D)

Mixed Fruit

Sugar-Free Dessert

Jello & Sugar Free Jello

DAILY SPECIALS

Garlic Pepper Pork Loin (GF/DF) ♦

Pork loin, garlic and pepper.

Lemon and Garlic Baked Sole (GF/DF) ♦

Beef, onion, garlic, carrot, tomato, wine and honey.

White Bean Stuffed Portobello (GF/DF/OF/VE) ↓

Portobello mushrooms, white beans, onions, leeks, celery, garlic, turmeric, kale, spinach, artichoke hearts, and tomatoes.



WHITE OAK GRILL

Lunch: Sunday - Saturday, 11 am - 2 pm

Daily Specials ~ Wednesday, February 11, 2026

SOUPS

Beef Noodle (DF) 3

Celery Root and Potato (GF/DF/OF/VE) ♦♦

SALADS

Caesar Salad (D)

Garden Salad

Mixed Greens, tomatoes, cucumbers, carrots, chickpeas, and choice of dressing.

ENTREES

Deli Sandwich

Choice of bread, sliced turkey, or egg salad, cheddar or Swiss cheese, lettuce, tomato, onion, and pickle on the side.

SIDES

Roasted Fingerling Potatoes (GF/DF)

Lemon and Thyme Roasted Vegetables (GF/DF)

Steamed Cauliflower

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Cottage Cheese

DESSERT

Bourbon Pecan Pie (D/A)

Mixed Fruit

Sugar-Free Dessert

Jello & Sugar Free Jello

DAILY SPECIALS

Chicken Cacciatore (D)

Chicken thighs, flour, onions, green peppers, garlic, mushrooms, tomatoes, thyme, oregano, red pepper flakes, and basil.

Beef and Italian Sausage Lasagna (D)

Marinara sauce, pork, ground beef, ricotta cheese, parmesan, and egg noodles.

Eggplant Marsala (GF/DF/VE/A)

Eggplant, gluten free flour, egg white replacer, rice chex, garlic, onions, mushrooms, salt, thyme, and marsala.



WHITE OAK GRILL

Lunch: Sunday - Saturday, 11 am - 2 pm

Daily Specials ~ Thursday, February 12, 2026

SOUPS

Creamy Chicken Alfredo (D)

Curried Parsnip (GF/DF/OF/VE/Nuts) ↓

SALADS

Caesar Salad (D)

Garden Salad

Mixed Greens, tomatoes, cucumbers, carrots, chickpeas, and choice of dressing.

ENTREES

Deli Sandwich

Choice of bread, sliced turkey, or egg salad, cheddar or Swiss cheese, lettuce, tomato, onion, and pickle on the side.

SIDES

Mushroom Quinoa (GF/DF/OF/VE) ◆▼↓

Roasted Brussels Sprouts (GF/DF) ◆

Steamed Asparagus 1

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Cottage Cheese

DESSERT

Tiramisu (D)

Mixed Fruit

Sugar-Free Dessert

Jello & Sugar Free Jello

DAILY SPECIALS

Creamy Lemon Pepper Chicken (GF/DF)

Chicken, brown sugar, lemon pepper, and mustard.

Cider Braised Pork (GF/DF) ◆

Pork shoulder, apple cider, cinnamon, garlic, apples, and onions.

Roasted Cauliflower Steaks with Mushroom Gravy (GF/DF/OF/VE) ↓

Cauliflower steaks, shallots, garlic, thyme, mushrooms, brown rice flour, and nutritional yeast.



WHITE OAK GRILL

Lunch: Sunday - Saturday, 11 am - 2 pm

Daily Specials ~ Friday, February 13, 2026

SOUPS

New England Clam Chowder (D)

Kale and White Bean (GF/*DF/OF/VE/A) ↓

*Note: Parmesan Topping Optional

SALADS

Caesar Salad (D)

Garden Salad

Mixed Greens, tomatoes, cucumbers, carrots, chickpeas, and choice of dressing.

ENTREES

Deli Sandwich

Choice of bread, sliced turkey, or egg salad, cheddar or Swiss cheese, lettuce, tomato, onion, and pickle on the side.

SIDES

Jasmine Rice (GF/DF/OF/VE) ▼↓

Soy-Braised Greens (GF/DF/VE/A) ◆▼↓

Steamed Cabbage

Baked Potato or Baked Sweet Potato

Brown Rice

Steamed Carrots or Steamed Spinach

Cottage Cheese

DESSERT

Tiramisu (D)

Mixed Fruit

Sugar-Free Dessert

Jello & Sugar Free Jello

DAILY SPECIALS

Asian Glazed Pork Tenderloin (GF/DF/A) ◆↓

Molasses, ketchup, five spice, sesame oil, ginger, sherry, hoisin, apricot puree, and soy sauce.

Firecracker Shrimp (GF/DF/A) ◆

Pork chops, flour, garlic powder, paprika, parsley, butter, onions, stock, parmesan, and milk.

Mapo Tofu with Shiitake Mushrooms (GF/DF/OF/VE/A) ◆

Apples, Rice-Chex, garlic, onions, celery, squash, tempeh, sage, thyme, and pine nuts.