



# ELK ROCK

REMINDER: Please silence your cell phones when in the dining room. Urgent calls should be taken outside of the dining room.  
-Food & Dining Services Committee

Lunch: Monday - Saturday: 11 am - 2 pm

## STARTERS

Soup du Jour

3/5

## PIZZA

Pizzas are served on a Pinsa style crust. Pinsa crust is a unique, airy pizza crust, with a crispy exterior and a soft fluffy interior.

All pizzas come with a tomato sauce base, unless specified, and three cheese blend of mozzarella, provolone, and parmesan. Vegan cheese available on request.

\* Gluten-Free option available on request.

**Three Cheese (D/VG) \***

8

**The Garden (D/VG) \***

Artichoke hearts, Kalamata olives, red onions, cherry tomatoes, and pesto sauce.

12

**The Chicago (D) \***

Italian sausage, mushrooms, and black olives.

12

**The Big Island (D) \***

Canadian bacon, chopped bacon, and pineapple.

12

**The La Mancha (D) \***

Kalamata and Manzanilla olives, roasted red peppers, shaved Manchego, and sun-dried tomatoes.

12

**The Bangkok (D/Nuts) \***

Peanut sauce, cheese blend, grilled chicken, red onions, cilantro, peanuts, and sweet chili garlic sauce.

14

**The Stockyard (D) \***

Pepperoni, Canadian bacon, Italian sausage, and linguica.

14

## PIZZA

**Build Your Own Pizza 8**

**Choose a Crust:**

Pinsa Crust  
Gluten-Free Crust

**Choose Sauce:**

Pizza Sauce  
Pesto Sauce  
BBQ Sauce

**Choose Cheese:**

Vegan Mozzarella  
Three Cheese Blend  
Cheddar Cheese **1 Credit**  
Extra Cheese **1 Credit**

**Veggies: 1 Credits Each**

Artichoke Hearts, Kalamata Olives, Black Olives, Cherry Tomatoes, Spinach, Red Onions, Manzanilla Olives, Pineapple, Green Peppers, Mushrooms, Roasted Red Peppers, Sun-Dried Tomatoes, and Sliced Pepperoncini Peppers.

**Meats: 2 Credits Each**

Pepperoni, Italian Sausage, Canadian Bacon  
Grilled Chicken, Crumble Bacon, Salami,

## SHARED PLATES

**Spinach Artichoke Dip (GF/D) 8**

Sour cream, mayo, spinach, artichokes, and cheese. Served with tortilla chips.

**Greek Spinach Salad (GF/D/VG) 4**

Spinach, Greek vinaigrette, Kalamata olives, cherry tomatoes, red onions, and Feta cheese.

**Caesar Salad (D/VG) \* 5**

Romaine, Caesar dressing, croutons, and Parmesan cheese.

**Hummus Platter (DF/VE) \* 7**

Hummus, pita bread, Kalamata olives, carrots, cucumbers, cherry tomatoes, and asparagus.

**Ensalata Iberica (GF/D) 8**

Spinach, arugula, Manzanilla olives, roasted red peppers, chorizo, shaved Manchego, and sherry vinaigrette.

**Thai Chicken Salad (GF/DF/Nuts) 8**

Shredded cabbage, grilled chicken, red onions, cilantro, green peppers, peanuts, and ginger lime dressing.





# ELK ROCK From the Grill

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## ENTREES

**Build Your Own Sandwiches**  
can be made cold or grilled.

**Deli Sandwich** 3/6

**Bread:** White, Wheat, Sourdough or Rye  
**Choice of:** Turkey, Ham, Roast Beef, Egg Salad or Tuna Salad

**Choice of:** Cheddar, Swiss or American cheese

**Add:** Mayo, Mustard, or Dijon Mustard

**Add:** Lettuce, Tomato, or Red Onion

**Add:** Sweet or Dill Pickle

**Reuben Sandwich (D)** 3.5/7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

**All Beef Hot Dog** 6

Diced onion and relish upon request

**Burger (D)** 8

Grilled beef patty, cooked to order, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.

(Substitute Dr. Praeger or Impossible patty.)

**Add Bacon (2):** 3

**Add Cheese (Swiss, Cheddar, American):** 1

**Grilled Chicken Sandwich (D)** 8

Grilled chicken breast, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.

(Substitute Gardein Chik'n Breast)

**Add Bacon (2):** 3

**Add Cheese (Swiss, Cheddar, American):** 1

## SIDES

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Cottage Cheese 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

## DESSERTS

Chocolate Lava Cake (D) 6

Ice Cream 2

Sorbet, Chocolate, or Vanilla

House Made Ice Cream 3

Daily Dessert 2

Rustic Berry Tart (D) 4

Sugar-Free Dessert 2

Mixed Fruit 2

