



Lunch	Soup	Entrée	Dessert
<b>Week: 3/22-3/28</b>			
<b>Open 11AM - 2PM</b>			
<b>Sunday</b>	Chef's Choice	Tuna Tetrazzini	Chef's Choice
<b>Monday</b>	Chicken Noodle ~ Cauliflower, Kale & Chickpea	Fried Chicken Sandwich w/ Waffle Fries ~ Vegetarian Fried "Chicken" Patty Sandwich - Both served on a Brioche Bun w/ Lettuce, Tomato, Pickles & Mayo (GF Bun available)	Marionberry Crumb Bars
<b>Tuesday</b>	Creamy Potato w/ Bacon ~ Creamy Artichoke	Beef & Bean Quesadilla ~ Cumin Roasted Squash Quesadilla	Marionberry Crumb Bars
<b>Wednesday</b>	Tomato Basil Bisque ~ Bavarian Lentil	Creamy Ham & Gouda Macaroni & Cheese	Peanut Butter Cookie
<b>Thursday</b>	Beef Stew ~ Country Bean	Pepperoni Pizza, Cheese Pizza, Vegetarian Pizza & Vegan GF Pizza	Peanut Butter Cookie
<b>Friday</b>	Manhattan Clam Chowder ~ Curried Butternut	Grilled Chicken Cobb Salad ~ Grilled Gardein Cobb Salad	Chocolate Chip Cookie
<b>Saturday</b>	Italian Wedding ~ Moroccan Lentil	Lasagna ~ Vegetarian Lasagna	Chocolate Chip Cookie
<b>Salads and Soups</b>	<ul style="list-style-type: none"> <li>• Garden • Caesar • Crunchy • Cottage Cheese • Fruit •</li> <li>• Tomato or Chicken Noodle Soup •</li> </ul>		
<b>Sandwiches</b>	<ul style="list-style-type: none"> <li>• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese •</li> <li>Reuben • Hamburger • Hot Dog • Veggie Burger •</li> </ul>		
<b>Alt Dessert</b>	<ul style="list-style-type: none"> <li>• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •</li> </ul>		



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	Dessert
<b>Week: 3/22-3/28 Open 4PM - 6PM</b>							
<b>Sunday</b>	Chicken Fricassee	Roast Pork Loin w/ Apricot Rosemary Sauce	Quinoa Tabouli Stuffed Tomatoes	Herbed Rice Pilaf	Roasted Cauliflower	Parsnips	Chef's Choice
<b>Monday</b>	Meatloaf w/ Beef Gravy	Grilled Salmon w/ Balsamic Glazed Peppers & Onions	Vegan Quinoa & Artichoke Stuffed Portobellos	Mashed Potatoes	Succotash	Peas	Red Velvet Cake
<b>Tuesday</b>	Roasted BBQ Chicken w/ Alabama White Sauce	Braised Beef Brisket	Vegan BBQ Lentil "Meat"balls	Potato Salad	Smothered Green Beans	Corn	Red Velvet Cake
<b>Wednesday</b>	Turkey Pot Pie	Sole w/ Pancetta Cream Sauce	Vegetable Pot Pie	Roasted Fingerling Potatoes	Creamed Corn	Broccoli	Orange Phyllo Cake
<b>Thursday</b>	Chicken Paprikash	Beef Medallions w/ Forest Mushroom & Bacon Medley	Chickpea Paprikash	Buttered Yukon Potatoes	Roasted Broccoli	Cauliflower	Orange Phyllo Cake
<b>Friday</b>	Butter Crumb Cod	Smothered Pork Chops	Savory Stuffed Apples	Mushroom Rice Pilaf	Carrots Persillade	Green Beans	Berry Pie
<b>Saturday</b>	Braised Moroccan Chicken	Moroccan Sweet & Spicy Shrimp	Vegetable Tagine	Spiced Couscous	Stewed Cauliflower	Asparagus	Berry Pie
<b>Salad/Soup</b>	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
<b>Alt Dinner Entrée</b>	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
<b>Alt Sides</b>	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
<b>Alt Desserts</b>	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						



# At The Neighborhoods

**Week: 3/22-3/28**

**Open 11AM - 2PM**

Lunch	Soup	Entrée	Dessert
<b>Sunday</b>	Chef's Choice	Tuna Tetrazzini	Chef's Choice
<b>Monday</b>	Chicken Noodle	Fried Chicken Sandwich w/ Waffle Fries ~ Vegetarian Fried "Chicken" Patty Sandwich - Both served on a Brioche Bun w/ Lettuce, Tomato, Pickles & Mayo (GF Bun available)	Marionberry Crumb Bars
<b>Tuesday</b>	Creamy Potato w/ Bacon	Beef & Bean Quesadilla ~ Cumin Roasted Squash Quesadilla	Chef's Choice
<b>Wednesday</b>	Tomato Basil Bisque	Creamy Ham & Gouda Macaroni & Cheese	Peanut Butter Cookie
<b>Thursday</b>	Beef Stew	Pepperoni Pizza, Cheese Pizza, Vegetarian Pizza & Vegan GF Pizza	Chef's Choice
<b>Friday</b>	Manhattan Clam Chowder	Grilled Chicken Cobb Salad ~ Grilled Gardein Cobb Salad	Milkshakes
<b>Saturday</b>	Italian Wedding	Lasagna ~ Vegetarian Lasagna	Chocolate Chip Cookie
<b>Entree Salads and Soups</b>	<ul style="list-style-type: none"> <li>• Garden • Caesar • Crunchy • Cottage Cheese • Fruit •</li> <li>• Tomato or Chicken Noodle Soup •</li> </ul>		
<b>Sandwiches</b>	<ul style="list-style-type: none"> <li>• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese •</li> <li>Reuben • Hamburger • Hot Dog • Veggie Burger • Gardein Chick'n •</li> </ul>		
<b>Alt Dessert</b>	<ul style="list-style-type: none"> <li>•Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin•</li> </ul>		



# At The Neighborhoods

**Week: 3/22-3/28**

**Open 4PM - 6PM**

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert
<b>Sunday</b>	Chicken Fricassee	Roast Pork Loin w/ Apricot Rosemary Sauce	Quinoa Tabouli Stuffed Tomatoes	Herbed Rice Pilaf	Parsnips	Chef's Choice
<b>Monday</b>	Meatloaf w/ Beef Gravy	Grilled Salmon w/ Balsamic Glazed Peppers & Onions	Vegan Quinoa & Artichoke Stuffed Portobellos	Mashed Potatoes	Peas	Red Velvet Cake
<b>Tuesday</b>	Roasted BBQ Chicken w/ Alabama White Sauce	Braised Beef Brisket	Vegan BBQ Lentil "Meat"balls	Potato Salad	Corn	Red Velvet Cake
<b>Wednesday</b>	Turkey Pot Pie	Sole w/ Pancetta Cream Sauce	Vegetable Pot Pie	Roasted Fingerling Potatoes	Broccoli	Orange Phyllo Cake
<b>Thursday</b>	Chicken Paprikash	Beef Medallions w/ Forest Mushroom & Bacon Medley	Chickpea Paprikash	Buttered Yukon Potatoes	Cauliflower	Orange Phyllo Cake
<b>Friday</b>	Butter Crumb Cod	Smothered Pork Chops	Savory Stuffed Apples	Mushroom Rice Pilaf	Green Beans	Berry Pie
<b>Saturday</b>	Braised Moroccan Chicken	Moroccan Sweet & Spicy Shrimp	Vegetable Tagine	Spiced Couscous	Asparagus	Berry Pie

<b>Salad/Soup</b>	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •
<b>Alt Dinner Entrée</b>	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •
<b>Alt Sides</b>	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries
<b>Alt Desserts</b>	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •