



At The Neighborhoods

Week: 3/22-3/28

Open 4PM - 6PM

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert
Sunday	Chicken Fricassee	Roast Pork Loin w/ Apricot Rosemary Sauce	Quinoa Tabouli Stuffed Tomatoes	Herbed Rice Pilaf	Parsnips	Chef's Choice
Monday	Meatloaf w/ Beef Gravy	Grilled Salmon w/ Balsamic Glazed Peppers & Onions	Vegan Quinoa & Artichoke Stuffed Portobellos	Mashed Potatoes	Peas	Red Velvet Cake
Tuesday	Roasted BBQ Chicken w/ Alabama White Sauce	Braised Beef Brisket	Vegan BBQ Lentil "Meat"balls	Potato Salad	Corn	Red Velvet Cake
Wednesday	Turkey Pot Pie	Sole w/ Pancetta Cream Sauce	Vegetable Pot Pie	Roasted Fingerling Potatoes	Broccoli	Orange Phyllo Cake
Thursday	Chicken Paprikash	Beef Medallions w/ Forest Mushroom & Bacon Medley	Chickpea Paprikash	Buttered Yukon Potatoes	Cauliflower	Orange Phyllo Cake
Friday	Butter Crumb Cod	Smothered Pork Chops	Savory Stuffed Apples	Mushroom Rice Pilaf	Green Beans	Berry Pie
Saturday	Braised Moroccan Chicken	Moroccan Sweet & Spicy Shrimp	Vegetable Tagine	Spiced Couscous	Asparagus	Berry Pie

Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •