



At The Neighborhoods

Week: 4/12-4/18

Open 4PM - 6PM

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert	
Sunday	Cider Braised Pork	Chicken A La King	Portobello Pot Roast	Twice Baked Potatoes	Creamed Kale	Green Beans	Chef's Choice
Monday	Ranchero-Style Shrimp	Grilled Pork Tenderloin w/ Charred Lemon Chimichurri	Ranchero-Style Soy Curls	Arroz Amarillo	Roasted Cauliflower	Parsnips	Chocolate Peanut Butter Layer Cake
Tuesday	Meatloaf w/ Gravy	Lemon & Garlic Baked Cod	Mushroom Nut Loaf w/ Mushroom Gravy	Smashed Red Bliss Potatoes	Lemon & Dill Roasted Carrots	Asparagus	Chocolate Peanut Butter Layer Cake
Wednesday	Chicken Thighs Cacciatore	Beef & Italian Sausage Lasagna	Eggplant Involtini	Roasted Fingerling Potatoes	Braised Swiss Chard	Broccoli	Tiramisu
Thursday	Mediterranean Baked Sole	Braised Moroccan Chicken Thighs	Crispy Chickpea Stuffed Bell Peppers	Turmeric Rice Pilaf	Stewed Okra	Zucchini & Yellow Squash	Lemon Cream Cake
Friday	Bangers & Mash w/ Onion Gravy	Grilled Salmon w/ Lemon Sesame Sauce	Savory Stuffed Apples	Mashed Potatoes	Brussels Sprouts Gratin	Kale	Blueberry Pie
Saturday	Milk & Rosemary Braised Pork Roast	Beef Medallions w/ Mushroom Sauce	Vegan Quinoa & Artichoke Stuffed Zucchini	Mediterranean Yellow Rice	Green Beans Amandine	Cauliflower	Blueberry Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						