



LUNCH MENU

WHITE OAK GRILL

Lunch: Sunday - Saturday, 11 am - 2 pm

STARTERS

- Soup du Jour** 3/5
 Rotating selection of soups
- Campbell's Soups** 3/5
 Chicken Noodle, Tomato, Vegetable
- Caesar Salad (D)** 3/5
 Romaine lettuce, creamy Caesar dressing, brioche croutons, Parmesan cheese, and lemon.
- Crunchy Salad (GF/DF)** 3/5
 Cabbage, frisee, kale, quinoa, raisins, apples, and honey vinaigrette.
- Garden Salad (GF/DF)** 3/5
 Mixed greens, tomato, carrots, cucumbers, chickpeas, and choice of dressing.
- Mediterranean Salad (GF/DF)** 3/5
 Arugula, mixed greens, artichoke hearts, black olives, roasted red peppers, sliced radish, sunflower seeds, and choice of dressing.

Dressing Choices:

- 1000 Island (GF/DF)
- Balsamic Vinaigrette (GF/DF)
- Blue Cheese (GF/D)
- Caesar (GF/D)
- Honey Mustard (GF/DF)
- Honey Vinaigrette (GF/DF)
- Italian (GF/DF)
- Lemon Poppy Seed Vinaigrette (GF/DF)
- Ranch (GF/D)
- Sherry Vinaigrette (GF/DF)
- Tahini Dressing (GF/DF/OF)

ENTREES

- Deli Sandwich** 3/6
Bread: White, Wheat, Sourdough or Rye
Choice of: Turkey, Ham, Egg Salad or Tuna Salad
Choice of: American, Cheddar, Swiss, or Havarti
Add: Mayo, Mustard, or Dijon Mustard
Add: Lettuce, Tomato, or Red Onion
Add: Sweet or Dill Pickle
- All Beef Hot Dog** 6
 Diced onion and relish upon request
- Peanut Butter and Jelly (DF/Nuts)** 3/6
- Reuben Sandwich (D)** 3.5/7
 Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.
- Grilled Cheese (D)** 3/6
 Your choice of bread and cheese.
- Tuna Melt (D)** 3/6
 Toasted bread, tuna, mayonnaise, Dijon, and cheddar.
- B.L.T (D)** 3/6
 Choice of bread, with lettuce, tomato, bacon, and mayo.
- White Oak Burger (D)** 8
 Grilled beef patty, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.
 (Substitute Dr. Praeger or Impossible patty)
Add Bacon : 3
Add Cheese : 1
American, Cheddar, Swiss, or Havarti
- Grilled Chicken Sandwich (D)** 8
 Grilled chicken breast, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.
 (Substitute Gardein Chik'n Breast)
Add Bacon : 3
Add Cheese : 1
American, Cheddar, Swiss, or Havarti



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DESSERTS

Ice Cream (GF/D) Your choice of chocolate, vanilla, sorbet, flavor of the day, or sugar-free	2
House Made Ice Cream (GF?D)	3
Sugar Free Dessert	1
Mixed Fruit	2
Jello Flavor of the day, and sugar-free	2
Whole Fruit Apple, orange, and banana	1

BEVERAGES

Coffee	0
Hot Tea	1
Soda Coke, Diet Coke, 7-up, Root Beer, Ginger Ale	2
Juice Lemonade, Apple, Cranberry, Orange, Prune, Gatorade	2
Milk Skim, 2%, Almond, Soy, Oat, and Lactose-Free, Whole	2
Iced Tea	1

SIDES

French Fries (DF/VE)	1
Sweet Potato Fries (DF/VE)	1
Potato Chips (GF/DF/VE)	1
Vegan Four Bean Chili (GF/DF/OF/VE)	1
Steamed Spinach (GF/DF/OF/VE)	2
Cottage Cheese (GF/D)	2
Applesauce (GF/DF/OF/VE)	6
Salmon (GF/DF) (Grilled or Pan-Seared)	5
Chicken Breast (GF/DF) (Grilled or Pan-Seared)	6
Poached Shrimp (GF/DF)	4
Egg Salad (GF/DF/VG)	4
Tuna Salad (GF/DF)	4
Deli Ham / Turkey (GF/DF)	4
Burger Patty (GF/DF)	4
Gardein Chick'n Patty (GF/DF/VE)	4
Grilled Tempeh (GF/DF/OF/VE)	4