



# ELK ROCK

## LUNCH MENU

REMINDER: Please silence your cell phones when in the dining room. Urgent calls should be taken outside of the dining room.  
-Food & Dining Services Committee

Lunch: Monday - Saturday: 11 am - 2 pm

### PIZZA

Pizzas are served on a Pinsa style crust. Pinsa crust is a unique, airy pizza crust, with a crispy exterior and a soft fluffy interior.

All pizzas come with a tomato sauce base, unless specified, and three cheese blend of mozzarella, provolone, and parmesan. Vegan cheese available on request.

\* Gluten-Free option available on request.

Pizzas listed below available in half or whole sizes.

**Three Cheese (D/VG) \*** 4 / 8

**Pepperoni (D) \*** 5 / 10

**Sausage (D) \*** 5 / 10

**The Garden (D/VG) \*** 6 / 12  
Artichoke hearts, Kalamata olives, red onions, cherry tomatoes, and pesto sauce.

**The Chicago (D) \*** 6 / 12  
Italian sausage, mushrooms, and black olives.

**The Big Island (D) \*** 6 / 12  
Canadian bacon, chopped bacon, and pineapple.

**The Bangkok (D/Nuts) \*** 6 / 12  
Peanut sauce base, cheese blend, grilled chicken, red onions, cilantro, peanuts, and sweet chili garlic sauce.

**The Tex-Mex (D) \*** 7 / 14  
Refried bean and enchilada sauce base, cheddar cheese blend, seasoned ground beef, cherry tomatoes, red onion, topped with shredded lettuce.

**The Gresham (D) \*** 7 / 14  
Ranch base, pepperoni, salami, Canadian bacon, black olives, red onion, and mushrooms.

### PIZZA

#### Build Your Own Whole Pizza 8

**Choose a Crust:**  
Pinsa Crust  
Gluten-Free Crust

**Choose Sauce:**  
Pizza Sauce  
Pesto Sauce  
BBQ Sauce

**Choose Cheese:**  
Three Cheese Blend  
Vegan Mozzarella  
Cheddar Cheese **1 Credit**  
Extra Cheese **1 Credit**

**Veggies: 1 Credit Each**  
Artichoke Hearts  
Black Olives  
Cherry Tomatoes  
Green Peppers  
Kalamata Olives  
Mushrooms  
Pepperoncini Peppers  
Pineapple  
Red Onions  
Roasted Red Peppers  
Spinach  
Sun-Dried Tomatoes

**Meats: 2 Credits Each**  
Canadian Bacon  
Chopped Bacon  
Grilled Chicken  
Italian Sausage  
Linguica Sausage  
Pepperoni  
Salami

### SALADS & STARTERS

**Greek Spinach Salad (GF/DF/VG)** 4  
Spinach, Greek vinaigrette, Kalamata olives, cherry tomatoes, red onions, and Feta cheese.

**Caesar Salad (D/VG) \*** 5  
Romaine, Caesar dressing, croutons, and Parmesan cheese.

**BBQ Chicken Ranch Salad (GF/D)** 8  
Romaine, Ranch, grilled chicken, bacon, black olives, cherry tomatoes, red onions, cheddar cheese, and BBQ Sauce.

**Thai Chicken Salad (GF/DF/Nuts)** 8  
Shredded cabbage, grilled chicken, red onions, cilantro, green peppers, peanuts, and ginger lime dressing.

**Hummus Platter (DF/VE) \*** 7  
Hummus, pita bread, Kalamata olives, carrots, cucumbers, cherry tomatoes, and asparagus.

**Hearth Roasted Vegetables (GF/DF/VG/Nuts)** 7  
New potatoes, zucchini, cauliflower, broccoli, and red onion, roasted with olive oil and herbs. Served with Romesco sauce and garlic aioli.

**Cheesy Bread (D/VG)** 6  
Garlic butter spread over Pinsa crust, four cheeses, and herb seasoning. Cut into strips and served with pizza sauce for dipping.





# ELK ROCK From the Grill

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### ENTREES

**Deli Sandwich - Cold or Grilled** 3/6

**Bread:** Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

**Choice of:** Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

**Choice of:** American, Cheddar, Swiss, or Havarti

**Add:** Mayo or Mustard

**Add:** Lettuce, Tomato, or Red Onion

**Add:** Sweet or Dill Pickle

**Reuben Sandwich (D)** 3.5/7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

**All Beef Hot Dog** 6

Diced onion and relish upon request

**Burger (D)** 8

Grilled beef patty, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.

Sub Dr. Praeger or Impossible patty

Add Bacon : 3

Add Cheese : 1

American, Cheddar, Swiss, or Havarti

**Grilled Chicken Sandwich (D)** 8

Grilled chicken breast, brioche bun, green leaf lettuce, tomato, red onion, and dill or sweet pickle.

Sub Gardein Chik'n Breast

Add Bacon : 3

Add Cheese : 1

American, Cheddar, Swiss, or Havarti

### SIDES

Soup of the Day 3/5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Cottage Cheese 1

Vegan Four Bean Chili (GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

### DESSERTS

Chocolate Lava Cake (D) 6

Rustic Berry Tart (D) 4

Ice Cream 2

Vanilla or Chocolate 3

House Made or Sorbet (DF)

Mixed Fruit 2

Daily Dessert 2

### DRINKS

Coffee

Regular or Decaf

Hot Tea 1

Iced Tea 1

Lemonade 2

Arnold Palmer 2

Pink Lady 2

Juice 2

Orange, Cranberry, Apple, V8, Low Sodium V8

Milk 2

Whole, 2%, Skim, Lactose Free,

Oat, Soy, Almond

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (+) Low Fat

