



At The Neighborhoods

Week: 6/28-7/4

Open 4PM - 6PM

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert	
Sunday	Dijon & Herb Braised Chicken	Beef Medallions w/ Green Peppercorn Cream Sauce	Balsamic Grilled Portobello Mushroom	Roasted Fingerlings	Creamed Spinach	Zucchini & Yellow Squash	Chef's Choice
Monday	Grilled Pork Medallions with Applesauce	Honey Garlic Butter Shrimp	Vegan Leek & Spinach Pie	Garlic & Herb Brown Rice	Roasted Cauliflower	Brussels Sprouts	Strawberry Cream Pie
Tuesday	Thyme & Leek Braised Chicken Thighs	Herb Baked Sole	Mushroom Nut Loaf w/ Vegan Mushroom Gravy	Mashed Potatoes	Green Beans Amandine	Peas	Strawberry Cream Pie
Wednesday	Sweet & Sour Meatballs	Maple & Soy Glazed Cod	Sweet & Sour Tofu	Scallion Rice Pilaf	Sesame Garlic Broccoli	Asparagus	Lemonade Layer Cake
Thursday	Chicken Adobo	Huli Huli Pork	Tofu Adobo	Jasmine Rice	Honey Ginger Roasted Carrots	Broccoli	Lemonade Layer Cake
Friday	Turkey Pot Pie	Honey Glazed Salmon	Vegetable Pot Pie	Wild Rice Pilaf	Roasted Asparagus	Cauliflower	Rustic Apple Tart
Saturday	Fried Chicken	BBQ Braised Spare Ribs	Tempeh Picadillo Stuffed Sweet Potato	Potato Salad & Cornbread Muffin	Coleslaw	Corn on the Cob	Rustic Apple Tart
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						