



ELK ROCK

LUNCH MENU

August 2, 2026 - August 8, 2026

Lunch: Monday - Saturday: 11 am - 2 pm

SANDWICHES

Deli Sandwich - Cold or Grilled 3 / 6

Bread: Buttermilk, Nine-Grain, Sourdough, Rye, or Gluten-Free

Choice of: Turkey, Ham, Roast Beef, Egg Salad, or Tuna Salad

Choice of: American, Cheddar, Swiss, or Havarti

Add: Mayo or Mustard

Add: Lettuce, Tomato, or Red Onion

Add: Sweet or Dill Pickle

Reuben Sandwich (D) 3.5 / 7

Angus corned beef, rye bread, sauerkraut, Swiss cheese, and 1000 Island dressing.

All Beef Hot Dog 6

Diced onion and relish upon request

SPECIALS

HEARTH OVEN SPECIAL 8

Apple & Prosciutto Flatbread (D)

Fig jam, Granny Smith apples, prosciutto, arugula, & Champagne vinaigrette.

ELK ROCK GRILL SPECIAL 10

Chicken Tinga Street Tacos (D)

Three chicken tinga tacos, cilantro, and onions, on flour tortillas. With sour cream and guacamole on the side.

SIDES

Soup of the Day 3 / 5

French Fries 1

Sweet Potato Fries 1

Brown Rice 1

Coleslaw 1

Carrot Raisin Salad 1

Daily Dessert 1

Cottage Cheese 1

Vegan Four Bean Chili
(GF/DF/OF/VE) 1

Kettle Chips 1

• BBQ

• Honey Mustard

• Sea Salt

DAILY SOUPS & DESSERTS

Monday, August 3

SOUP:

- White Bean & Italian Sausage (GF/D*)

*Parmesan Optional

- Spanish Red Bean & Kale (GF/DF/OF/VE) ↓

DESSERT:

- Raspberry Beignets (D)

Tuesday, August 4

SOUP:

- Turkey & Wild Rice (GF/D) ♦

- Greek Spinach (GF/DF/OF/VE) ♦▼

DESSERT:

- Salted Caramel Cookies (D)

Wednesday, August 5

SOUP:

- Chicken Tikka Masala (GF/DF) ▼

- Mulligatawny (GF/DF/OF/VE) ↓

DESSERT:

- Chocolate Chunk Brownie (D)

Thursday, August 6

SOUP:

- Pozole w/ Chorizo (GF/DF) ♦

- Mango Gazpacho (GF/DF/OF/VE)

DESSERT:

- Lemon Coffee Cake (D)

Friday, August 7

SOUP:

- New England Clam Chowder (D)

- Curried Lentil & Apricot (GF/DF/OF/VE)

DESSERT:

- Strawberry Lemon Bars (D)

Saturday, August 8

SOUP:

- Corn Chowder (D)

- Sweet Potato Chowder (GF/DF/OF/VE) ↓

DESSERT:

- Toffee Blondie (D/Nuts)



ELK ROCK

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy

(DF) Dairy Free • (A) Contains Alcohol • (OF) Oil-Free • (♦) Low Carb • (▼) Low Sodium • (+) Low Fat