



At The Neighborhoods

Week: 7/19-7/25

Open 11AM - 2PM

Lunch	Soup	Entrée	Dessert
Sunday	Chef's Choice	Bay Shrimp Melt	Chef's Choice
Monday	Chicken Noodle	Hot Italian Beef Sandwich ~ Hot Italian Tempeh Sandwich	Salted Double Chunk Cookie
Tuesday	Beef Barley	Grilled Steak Fajitas ~ Soy Curl Fajitas (both served with Seasoned Black Beans & Cumin Rice Pilaf)	Ice Cream Treat of the Day
Wednesday	Split Pea & Ham	Coney Island Hot Dogs ~ Vegan Coney Island Hot Dog	Phyllo Nut Roll
Thursday	Pasta Fagioli	Baked Sausage Ziti ~ Vegan GF Baked Ziti	Chef's Choice
Friday	New England Clam Chowder	Grilled Chicken Cobb Salad ~ Grilled Gardein Cobb Salad	Milkshakes
Saturday	Tomato Florentine	Chicken Tenders & Tots ~ Vegan Chick'n Tenders & Tots	Rice Crispy Bar
Entree Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger • Gardein Chick'n •		
Alt Dessert	•Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin•		