



Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Steamed Vegetable	
Week:	7/19-7/25	Open 4PM - 6PM					
Sunday	Chicken Cacciatore	Ragu Bolognese	Vegan Chickpea Puttanesca	Penne ~ GF Chickpea Penne	Carrots Amandine	Peas	
Monday	Cuban Pork Roast	Lemon & Rosemary Shrimp	Barley & Feta Stuffed Peppers	Cuban Black Beans	Calabacitas	Brussels Sprouts	
Tuesday	Five Spice Grilled Chicken	Lemongrass & Garlic Braised Pork	Lemongrass & Garlic Grilled Tofu	Scalllion Rice Pilaf	Sesame Miso Roasted Bok Choy	Zucchini & Yellow Squash	
Wednesday	Mediterranean Baked Sole	Italian-Style Beef Pot Roast	Leek & Potato Galette	Roasted Fingerling Potatoes	Balsamic Grilled Vegetables	Asparagus	
Thursday	Butter Crumb Baked Cod	Beef Medallions w/ Mushroom Sauce	Green Lentil & Mushroom Stew	Almond Rice Pilaf	Brussels Sprouts Gratin	Corn	
Friday	Turkey Pot Pie	Meatloaf w/ Gravy	Vegetable Pot Pie	Mashed Potoates	Buttered Peas & Carrots	Broccoli	
Saturday	Blackberry Balsamic Glazed Chicken	Paprika Baked Salmon	Quinoa Tabouli Stuffed Tomatoes	Quinoa Pilaf	Sauteed Asparagus	Cauliflower	
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •						
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger •						
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Steamed Carrots • Brown Rice • French Fries						
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •						