



Lunch	Soup	Entrée	Dessert
Week: 7/19-7/25 Open 11AM - 2PM			
Sunday	Chef's Choice	Bay Shrimp Melt	Chef's Choice
Monday	Chicken Noodle ~ Country Bean	Hot Italian Beef Sandwich ~ Hot Italian Tempeh Sandwich	Salted Double Chunk Cookie
Tuesday	Beef Barley ~ Savory Mushroom	Grilled Steak Fajitas ~ Soy Curl Fajitas (both served with Seasoned Black Beans & Cumin Rice Pilaf)	Pumpkin Vanilla Loaf
Wednesday	Split Pea & Ham ~ Curried Summer Vegetable	Coney Island Hot Dogs ~ Vegan Coney Island Hot Dog	Phyllo Nut Roll
Thursday	Pasta Fagioli ~ Carrot & Tomato	Baked Sausage Ziti ~ Vegan GF Baked Ziti	Chocolate Caramel Salted Brownie
Friday	New England Clam Chowder ~ Summer Corn & Lima Bean	Grilled Chicken Cobb Salad ~ Grilled Gardein Cobb Salad	Chocolate Chip M&M Cookie
Saturday	Tomato Florentine ~ Thai Coconut Tomato	Chicken Tenders & Tots ~ Vegan Chick'n Tenders & Tots	Rice Crispy Bar
Salads and Soups	• Garden • Caesar • Crunchy • Cottage Cheese • Fruit • • Tomato or Chicken Noodle Soup •		
Sandwiches	• PB Sandwich • Tuna Salad • Egg Salad • Turkey Sandwich • Ham Sandwich • Grilled Cheese • - Reuben • Hamburger • Hot Dog • Veggie Burger •		
Alt Dessert	•Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin•		