

Monday, August 10

Navy Bean and Ham (GF/D) ↓

Roasted Red Pepper and Corn (GF/DF/OF/VE) ↓

Tuesday, August 11

Creamy Chicken Alfredo (D)

Watermelon Gazpacho (GF/DF/OF/VE) ♦↓

Wednesday, August 12

Beef Noodle (DF)

Spring Vegetable and Miso Soup (GF/DF/OF/VE)

Thursday, August 13

Goulash (D)

Beet Gazpacho (GF/DF/OF/VE) ♦↓▼

Friday, August 14

Manhattan Clam Chowder (GF/D) ♦↓

Vegetable Quinoa (GF/DF/OF/VE) ↓

Saturday, August 15

Minestrone (D) ↓

Roasted Tomato Soup (GF/DF/OF/VE) ♦↓
